

BUILDING SCIENCE **LIVE**

OCTOBER 12, 2022

Considering Carbon in the Design of Building Enclosures

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Welcome!

- We are recording.
- Some FAQs:
 - You will get a follow-up email regarding how to access the recording and a pdf of slides.
 - **If you need a completion certificate for self-reporting or EPP and/or AIA or AIBC credits, please follow the link in the chat box to let us know.**
- Please use chat for housekeeping questions.
- Please use Q&A box for questions for the speaker.
 - We will break at the end for questions.
 - Use upvote feature to let us know what you're most curious about!

More questions? Please contact us at events@learnbuildingscience.com





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Graham Finch

Principal, Senior Building Science Specialist

Graham works across a wide spectrum of RDH's disciplines and is directly involved with new buildings projects, existing buildings investigation work, research and product development related to building materials and building enclosures across the world.

He regularly works with industry organizations, building product manufacturers and other clients on product research and development, performance monitoring, forensic investigations, and field testing. He also works closely with architects, developers and manufacturers to support the design of high-performance building enclosures and façade systems.

He is a leader in knowledge sharing and is regularly invited to present at conferences and speaking opportunities around North America on a range of building science topics. He also contributes to the education of the industry through the development and delivery of best practice guidelines and bulletins.





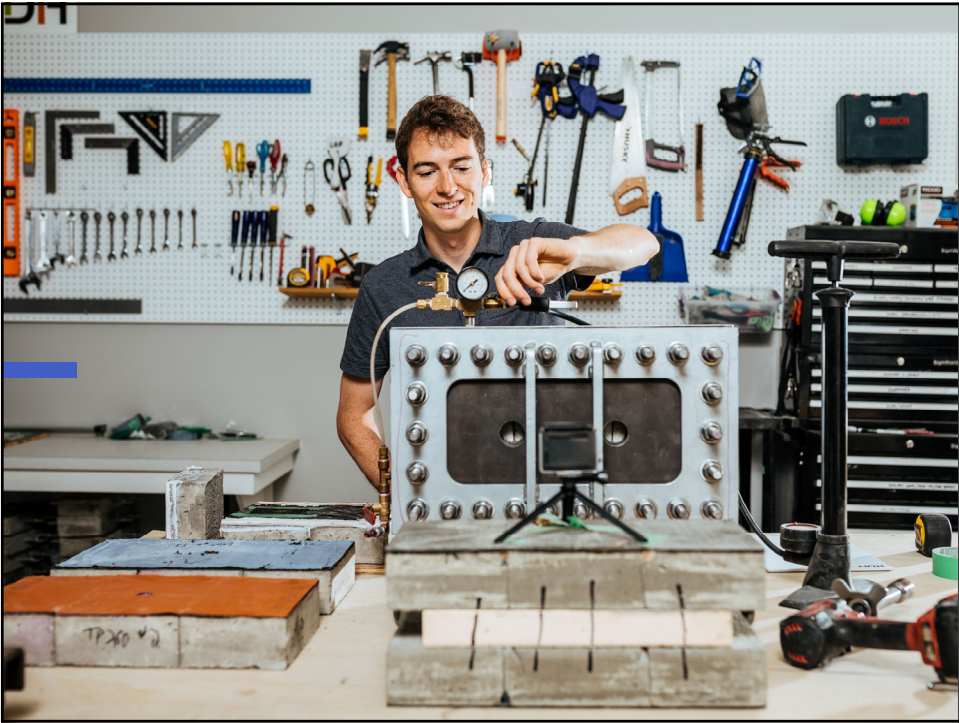
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We make buildings better

through the integration of science,
design and construction expertise.




5







270+ staff



9 offices



Projects across North America



Focus on building science & building enclosures

6

Education for Professionals



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Agenda

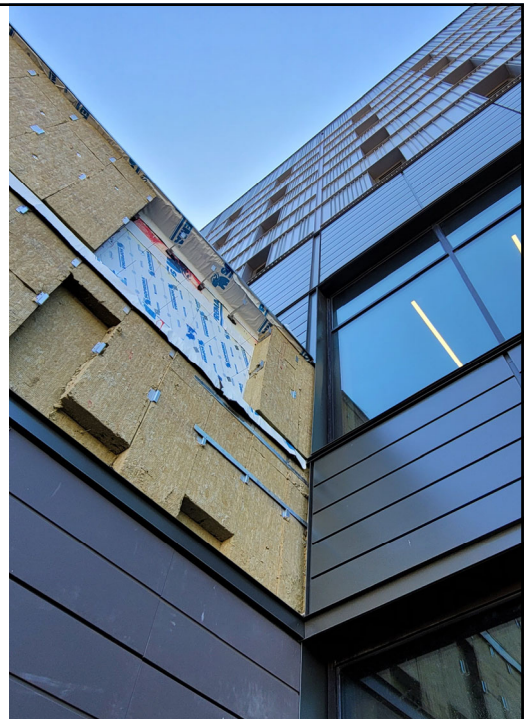
- Introduction to High Performance Enclosures & How to Properly Account for Carbon
- Case Study House Example: How to Understand & Consider Informed Carbon Reductions by Design and Operations
- Evolving Standard Enclosure Designs to Evaluate Embodied Carbon
 - Below to Above Grade Assemblies
- Pitfalls and Challenges – Making Informed Decisions

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The Building Enclosure...

- Separates indoors from outdoors by controlling:
 - Water penetration
 - Condensation
 - Air flow
 - Vapor diffusion (wetting & drying)
 - Heat flow
 - Light and solar radiation
 - Noise, fire, and smoke
- While at the same time:
 - Transferring structural loads
 - Being durable and maintainable
 - Being economical & constructible
 - Looking good!

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A Brief History of Building Enclosure Control

→ Older Buildings:

One layer does (controls) everything



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→ Newer Buildings:

Control by separate layers & separate functions



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What is a High-Performance Enclosure?

- High levels of control (heat, air, rain)
- **But** poor continuity limits performance
- **And** poor continuity causes most problems:
 - Air leakage condensation
 - Rainwater leakage
 - Surface condensation
 - Fungal growth
 - Cold windows
 - Drafts and discomfort
- Thus: *continuity + high levels of control*



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What about Sustainability and Low-Carbon?

- High performance buildings are typically sustainable and use less energy however *may or may not* have by default low-carbon emissions
- Carbon Emissions consist of:
 - **Operating** energy and carbon emissions (energy efficiency and fuel type dependent)
 - **Embodied** Carbon within the materials used to construct the building
- High performance buildings with uniformed material choices or that use high carbon intensity energy sources are *not sustainable*
- Sustainable buildings are designed with both embodied and operating carbon decisions in mind



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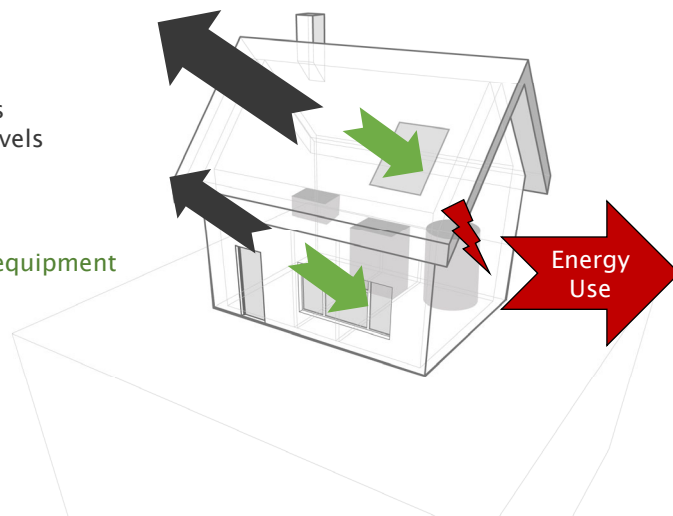
A Brief History of Considering Carbon in Operations

Losses

- Air tightness
- Insulation levels

Gains

- Solar gain
- People and equipment



Energy Use

- Heating/cooling
- Water heating
- Ventilation
- Lights and plug loads

Operating Carbon


- Energy use by fuel type X industry carbon factors

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A Brief History of Considering Carbon in Materials

→Simple-ish




The image shows two examples of simple construction materials. On the left is a stone archway, a traditional building element. On the right is a log cabin under construction, showing large wooden logs being assembled.

→Much more Complex




The image shows a modern building under construction. It features a complex facade with large glass panels and a crane is visible, indicating a more complex construction process.




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Goal for Low Net Carbon Emissions Buildings




NET EMISSIONS




EMBODIED CARBON

- Upfront carbon
- Use Stage Embodied Carbon
- End of Life Carbon




+




OPERATIONAL CARBON

- Direct emissions
- Indirect emissions



-

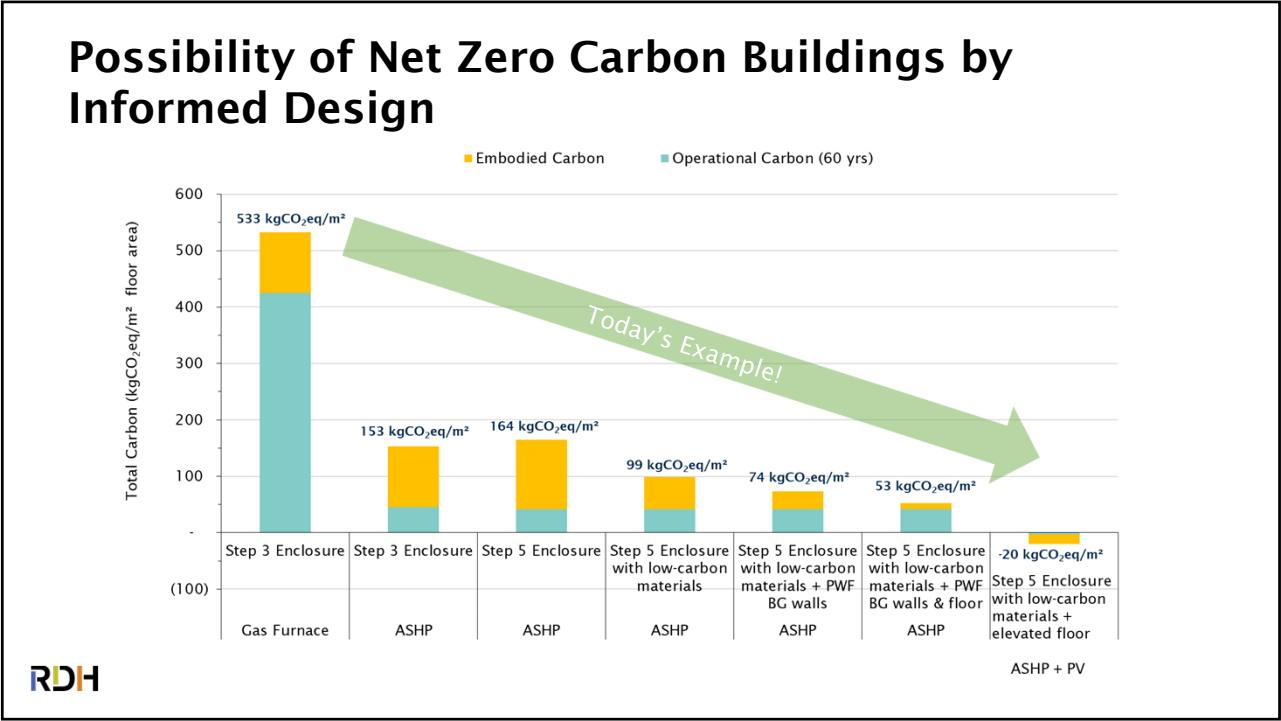


AVOIDED EMISSIONS

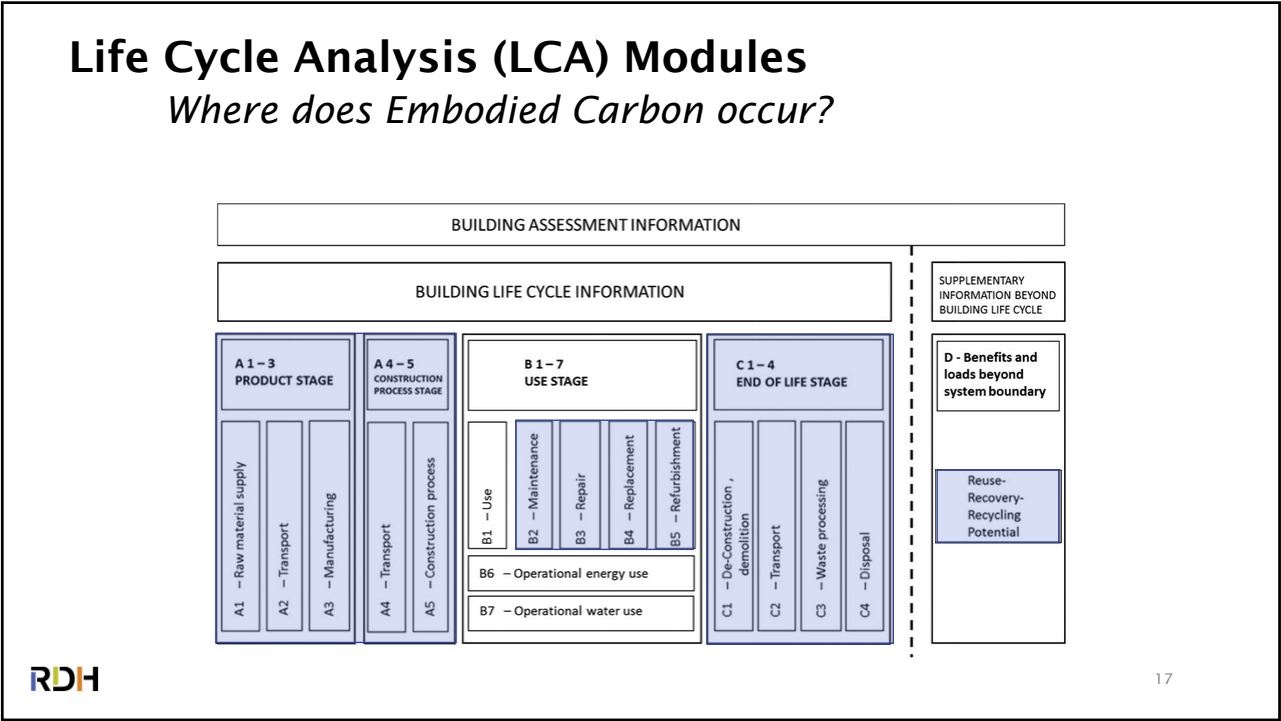
- Exported green power
- Carbon offsets

Source: Canadian Green Building Council (CaGBC) Zero Carbon Building Standard V2

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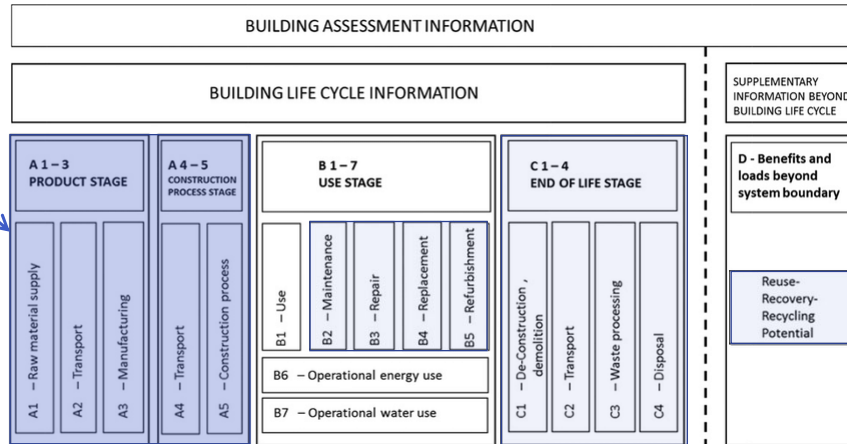


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A1-C4
cradle to
grave



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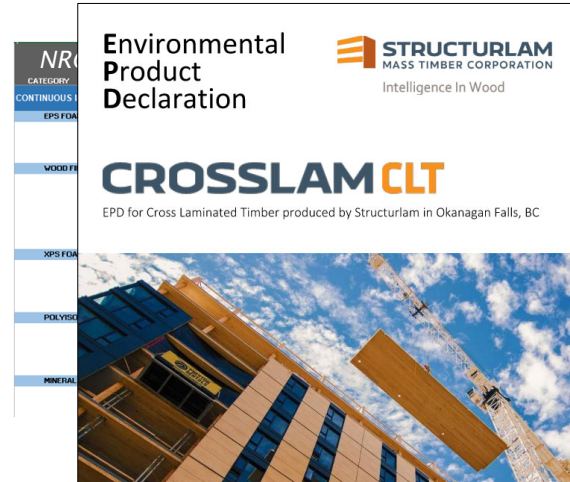
Where does Embodied Carbon data come from?

→ Generic & Proprietary Material Databases

- Inventory of Carbon and Energy (ICE) Database
- Programs like Athena, BEAM Estimator etc.
- Spreadsheets like Material Carbon Emissions Calculator MCE2 (NRCan), In-house collections etc.

→ Environmental Product Declarations (EPDs)

- Industry-wide coverage using averaged data
- Manufacturer-specific for a given product
- Always use the latest data and information – constantly evolving industry
- All require expertise in review to evaluate and select the most appropriate data



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So... What Makes a High-Performance & Low-Carbon Building Enclosure?

- **Low Operating Carbon** in space conditioning energy requirements
 - **Very airtight** (*air barrier continuity*)
 - Encompassing **Highly insulated enclosure** with minimal thermal bridges (*thermal continuity*)
 - Careful selection & installation of **high-performance windows & doors**
 - Well detailed and **Redundant Reliable Water Control** (*water control continuity & material durability*)
- **Low Embodied Carbon** in Material Selection of the above materials and more



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What is Going to Change with Enclosure Designs?








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- Already seeing a more critical review of all enclosure materials with carbon in mind
 - Consider source material & embodied carbon
 - Shift towards more locally available products with less transportation emissions (though always evaluate in context!)
 - Use of more biogenic (carbon sequestering) natural materials
 - Need to be more careful with biogenic materials & moisture = more thinking!
- Use of lower carbon energy sources, de-carbonization of the grid
- Energy optimal design not always lowest total carbon over life of building
- Life cycle assessments

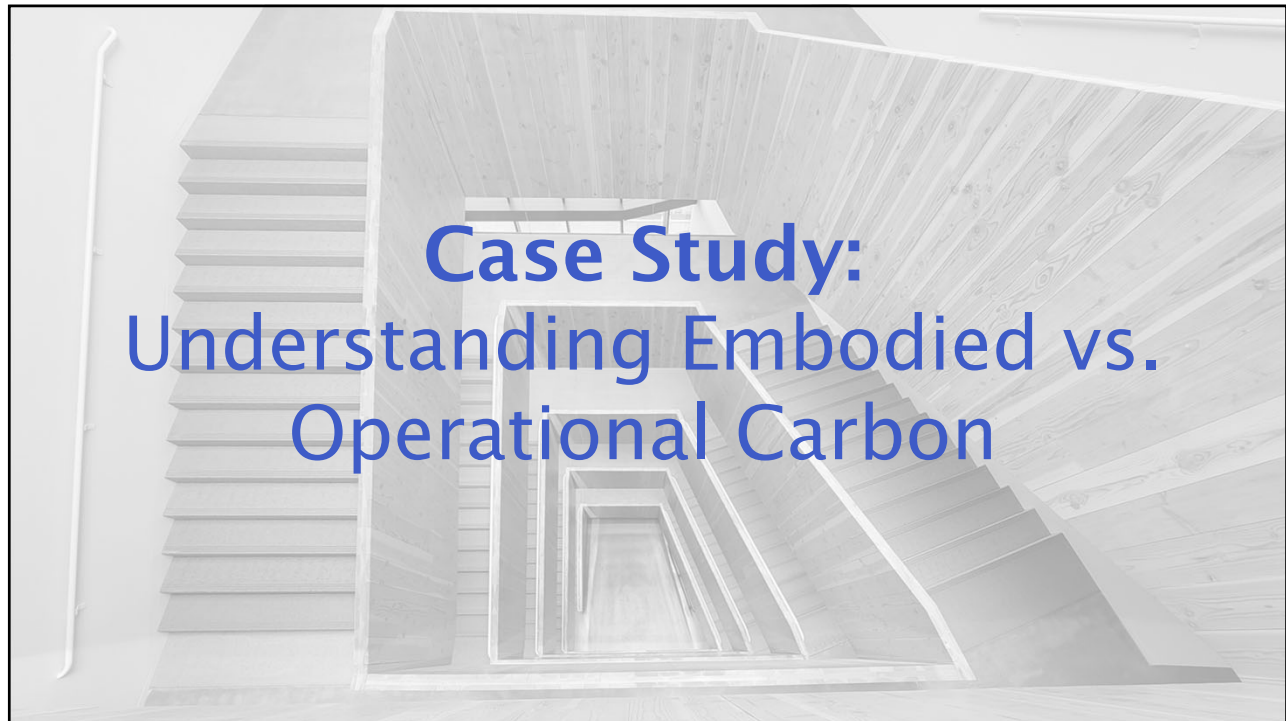
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More Information = More Informed & Better Decisions

-  ★ ★ ★ ★ ★ Cost Efficiency / Affordability
-  ★ ★ ★ ★ ★ Constructability & Detailing
-  ★ ★ ★ ★ ★ Performance (R-value/Airtightness)
-  ★ ★ ★ ★ ★ Moisture Durability & Resilience
-  ★ ★ ★ ★ ★ **Embodied Carbon** in Materials & Sustainability

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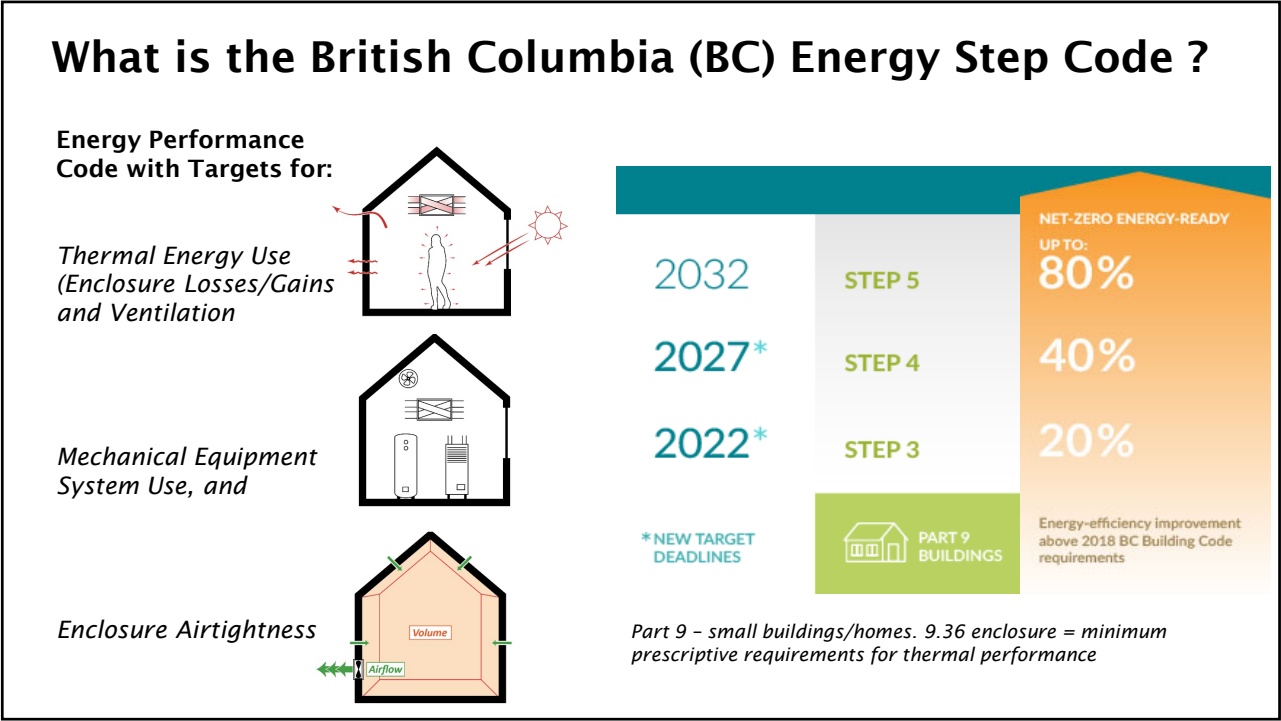
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Case Study House Example

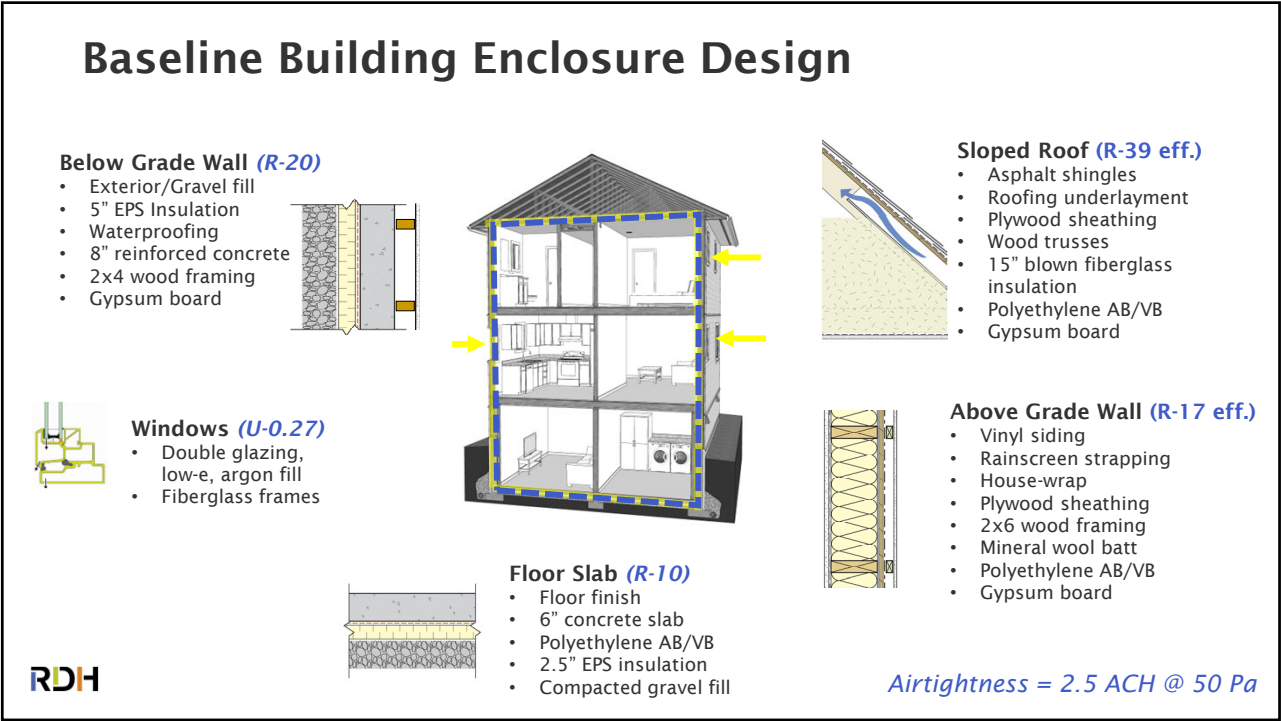
- Archetypical 2600 sq.ft, 2-story single family home in Kelowna, BC (Climate Zone 5) with 2 car garage and below-grade basement
- Targeting Step 3 (of 5) of BC Energy Step Code (*becomes code minimum in 2023*)
- Building enclosure prescriptively following BCBC 9.36 minimum thermal performance, + assumed 2.5 ACH50 airtightness
- High efficiency natural gas furnace for space heating w/ AC through furnace ductwork for cooling (base case) + later evaluate heat pump
- Electric hot water tank
- Heat recovery ventilation (HRV)
- Carbon Data from: Athena, NRCan MCE2, EPDs



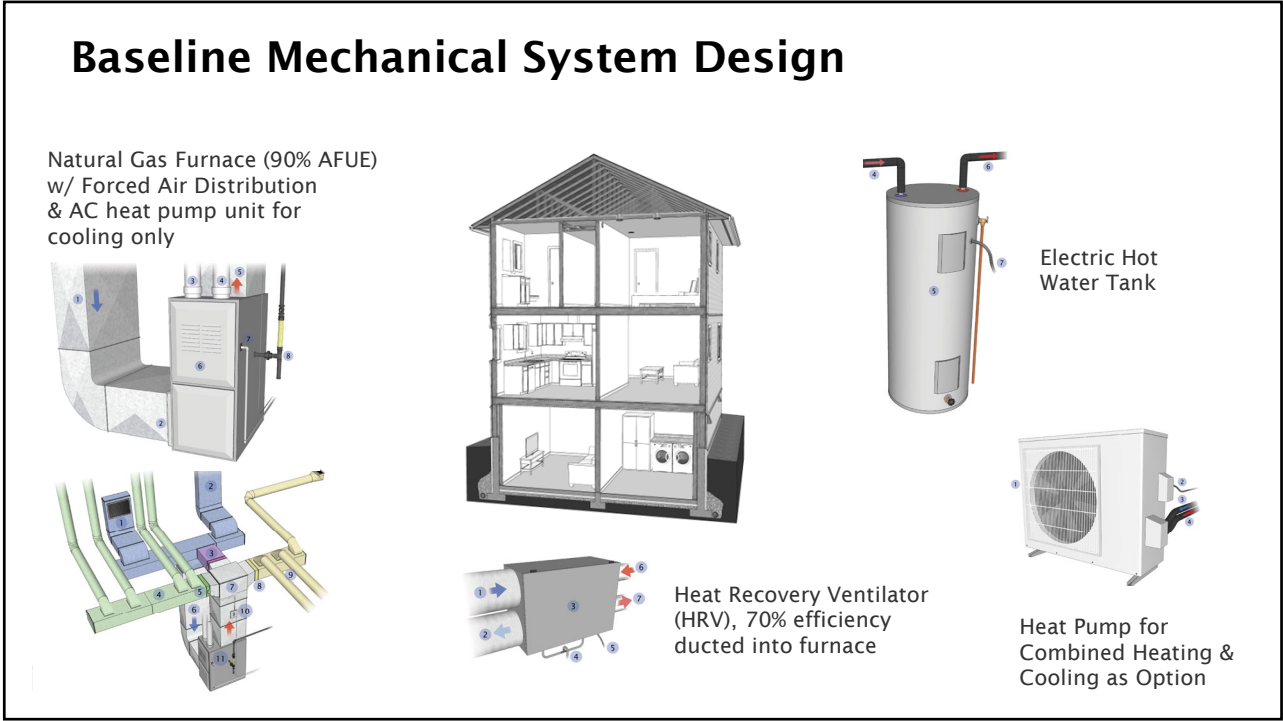
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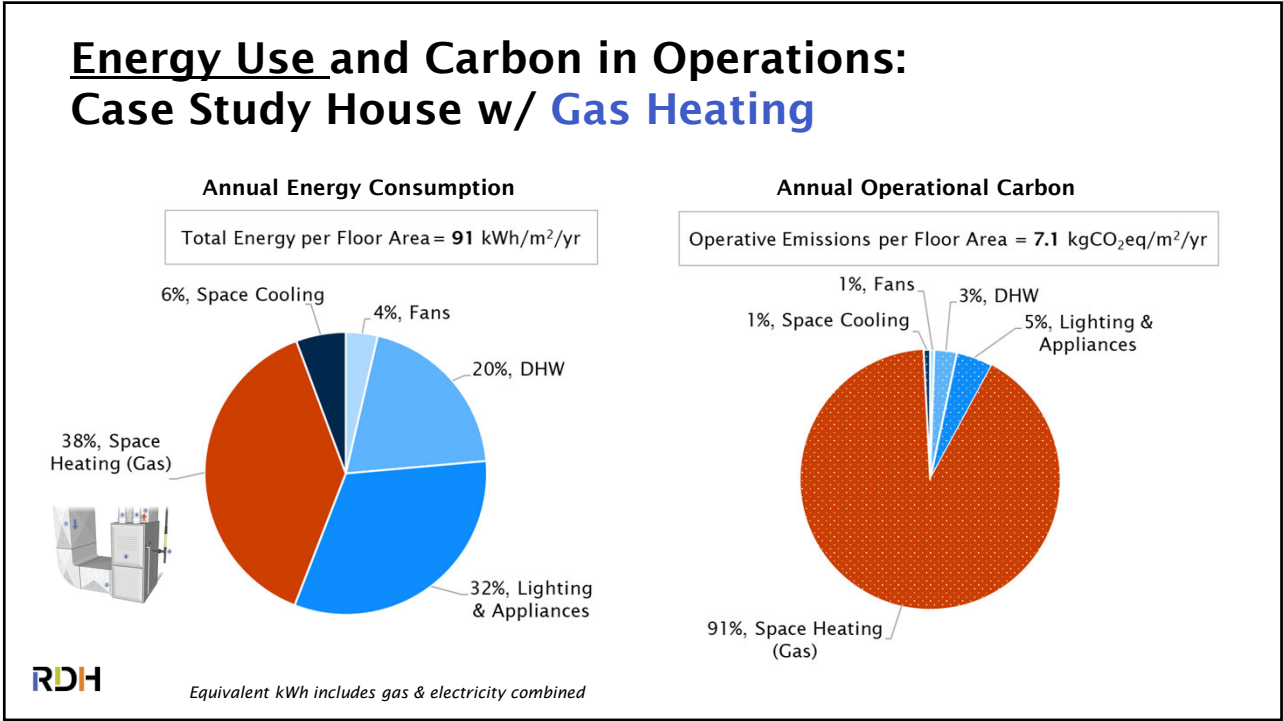
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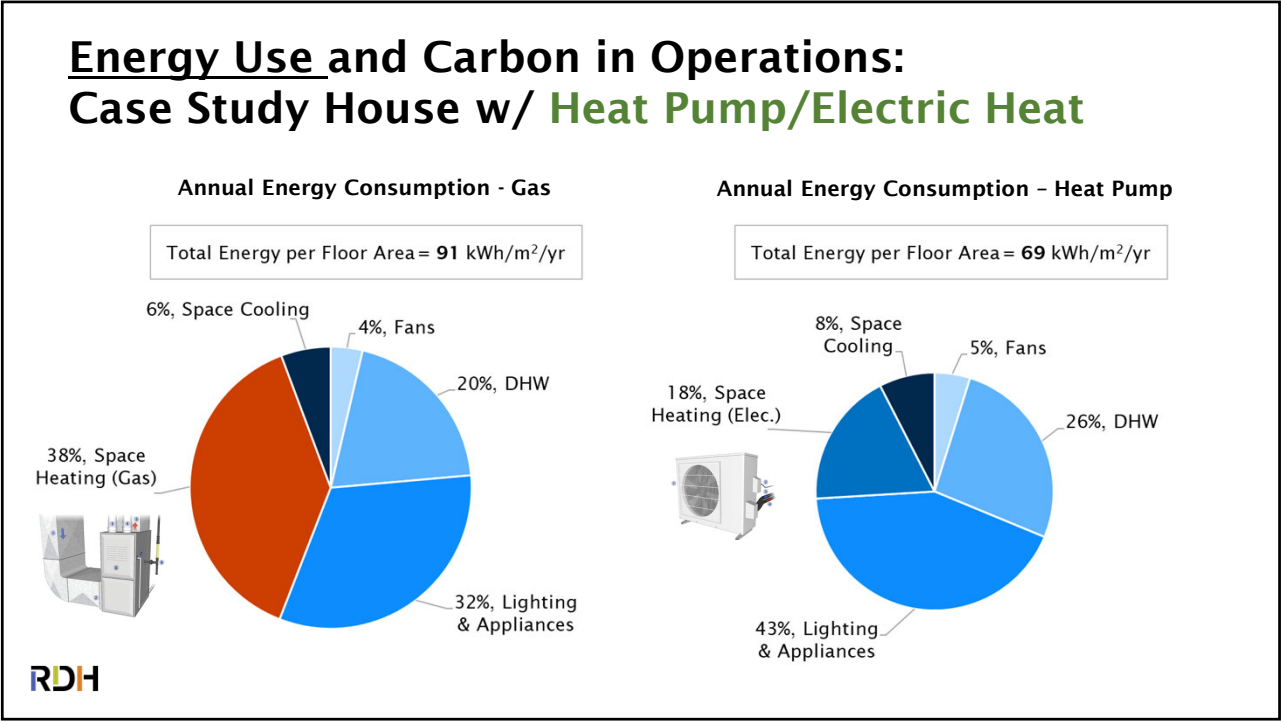
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Why Does Fuel Type Matter So Much for Operational Carbon in Example?

Natural gas emits 17 times more CO₂eq than electricity in BC (Hydro dominated grid) for the same amount of energy.

Fuel Type	Emissions Factor (kgCO ₂ e/kWh)
Natural Gas	0.185
Electricity	0.011

Source: City of Vancouver Energy Modelling Guidelines v.2

Operational Carbon: 10.2 kgCO₂eq/m² floor area/yr

Operational Carbon: 0.9 kgCO₂eq/m² floor area/yr

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Consider Carbon Emissions by Fuel Type (*Easy*) & Electrical Grid (*Complicated & Changing*)

Amount of Carbon Dioxide emissions per fossil fuel

Type of fossil fuel	Amount of CO ₂ gas (kwh)
Solar PV	0.05
Wind off shore	0.02
Wind on shore	0.02
Hydro	0.02
Nuclear	0.02
Wood	0.05
Gas	0.55
Diesel	0.75
Natural Gas CC	0.45
Natural Gas	0.65
Oil	0.90
Hard Coal	1.10
Lignite	1.25

Carbon Intensity of electricity in Canada, United States and Mexico (g CO₂ / kWh)

Graph: @dgscentifik
denisgilbert.com
2021-05-02

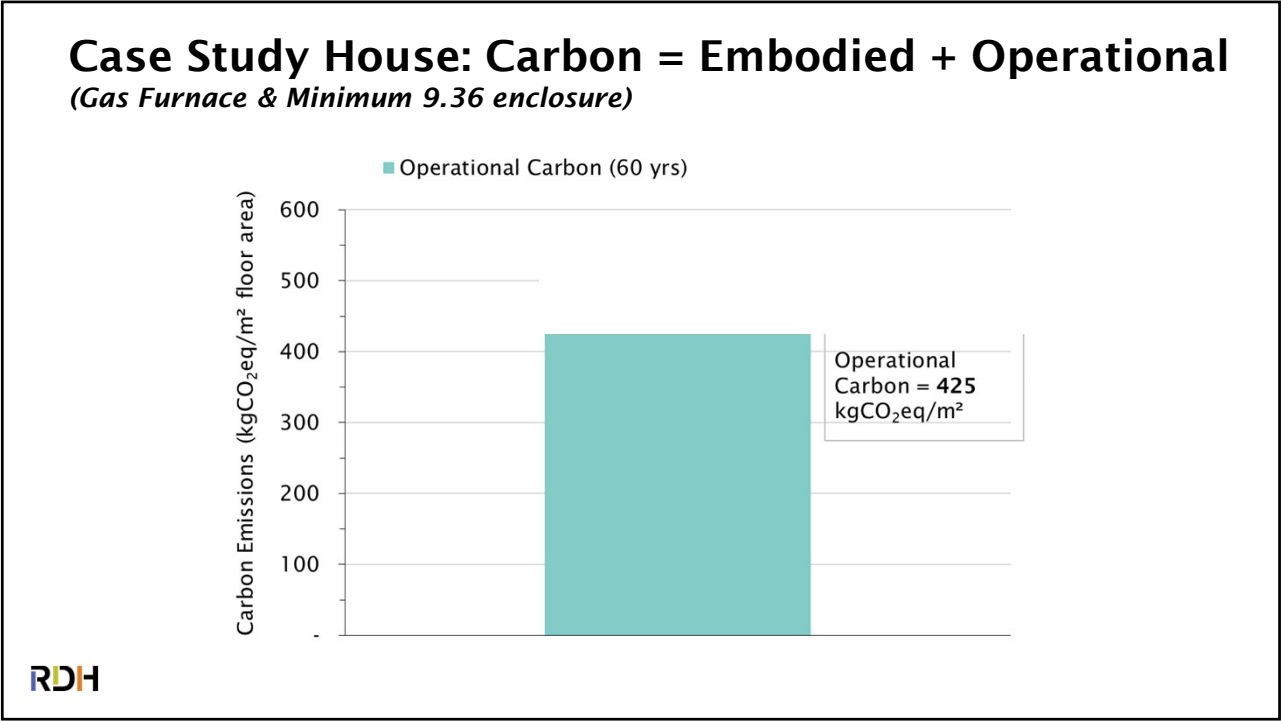
Image from wikiversity - based on data from <https://www.sciencedirect.com/science/article/abs/pii/S0301421509005436>

Image from: <https://denisgilbert.com/blog/f/carbon-intensity-of-electricity-in-canada-mexico-usa>

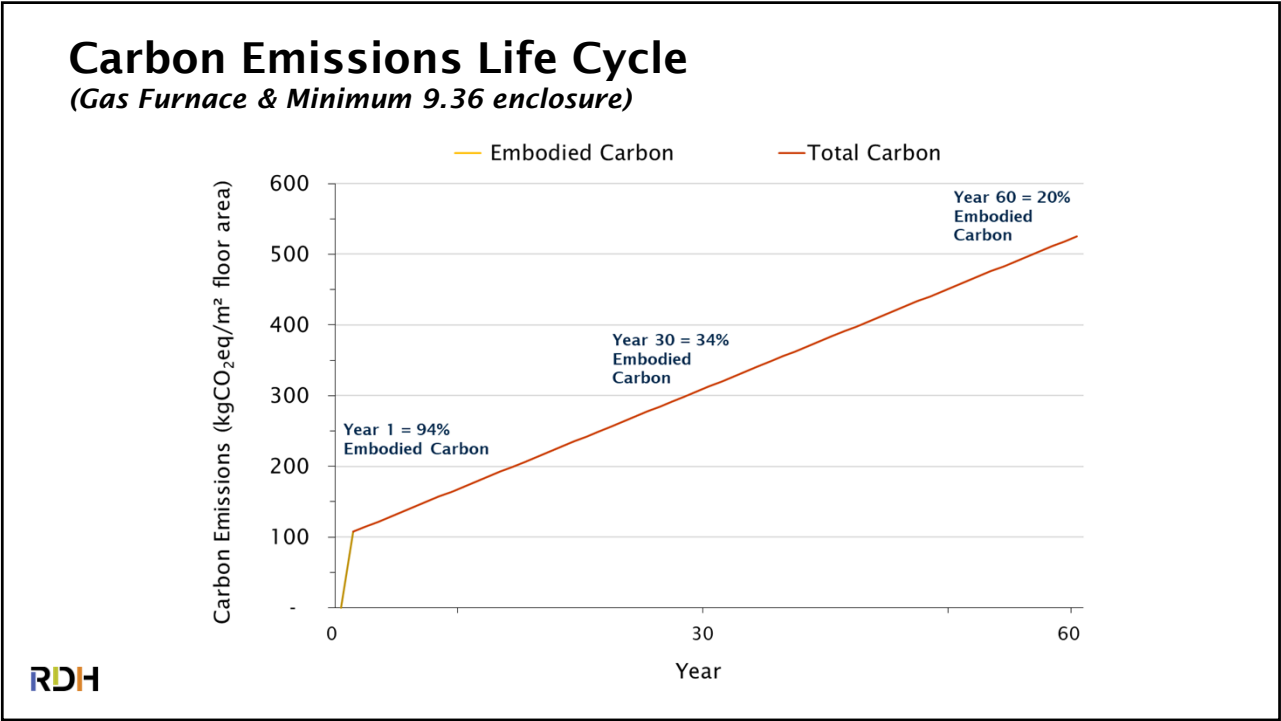
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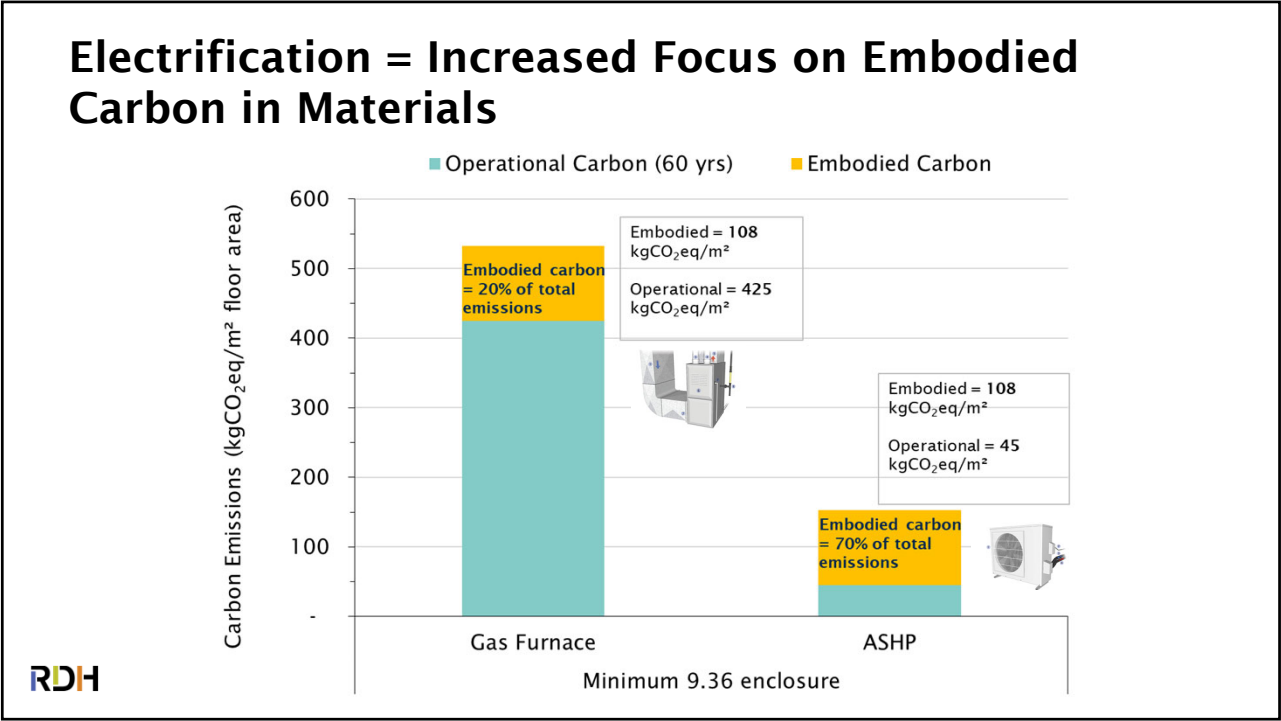
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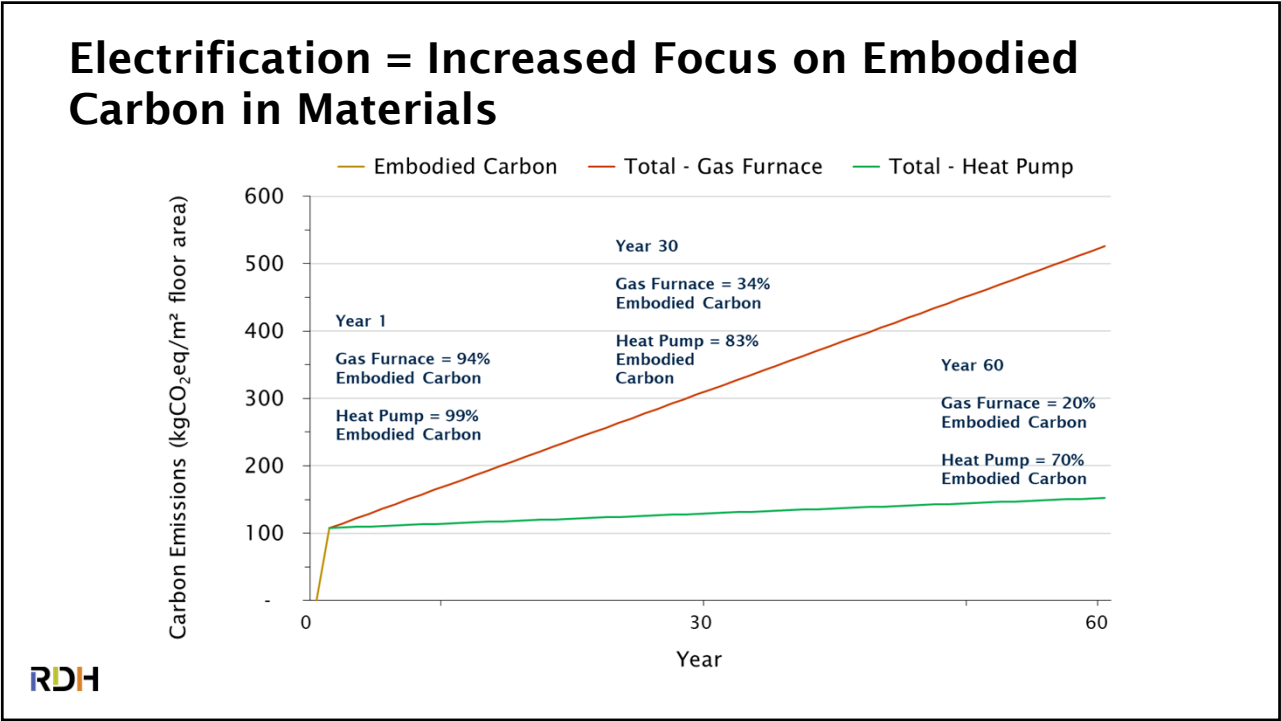
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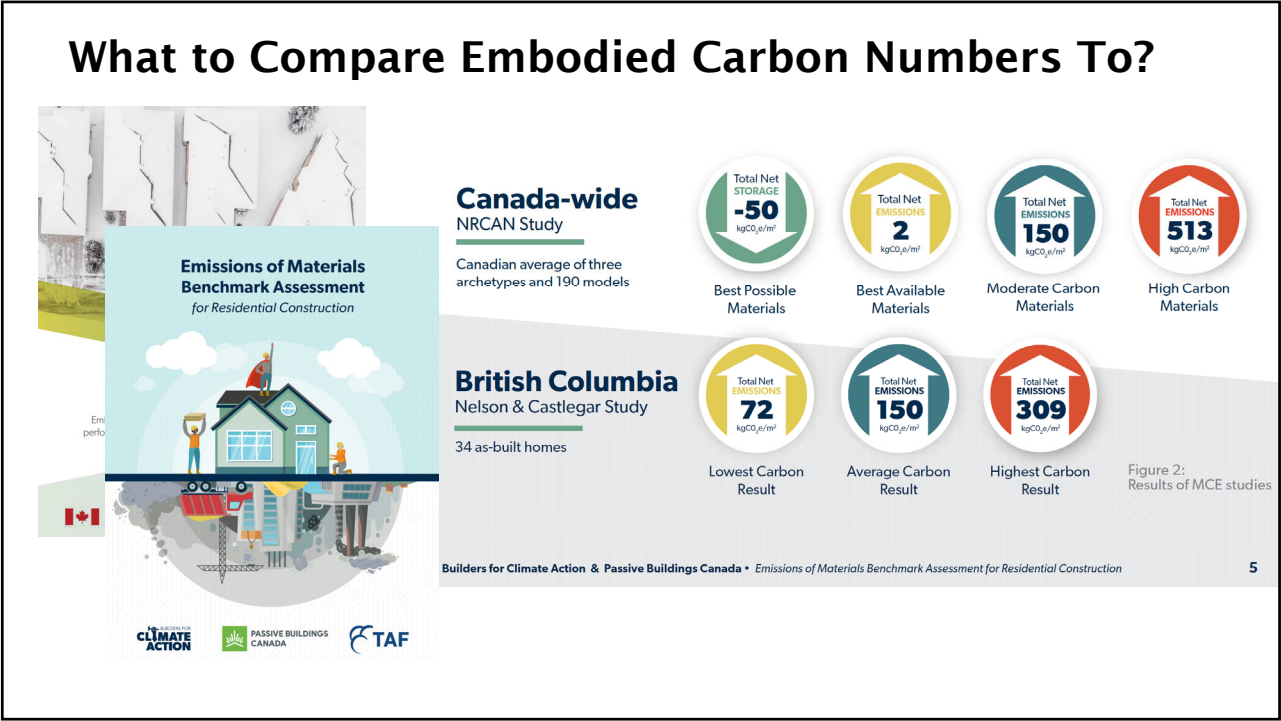
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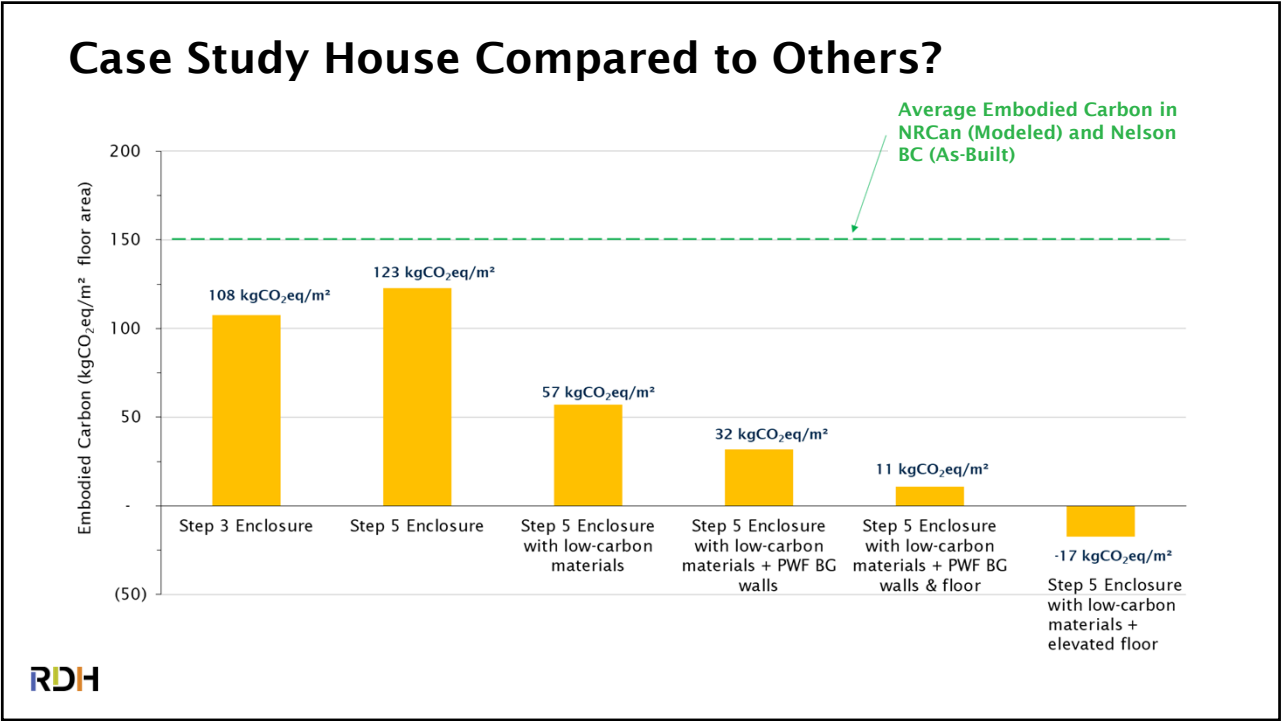
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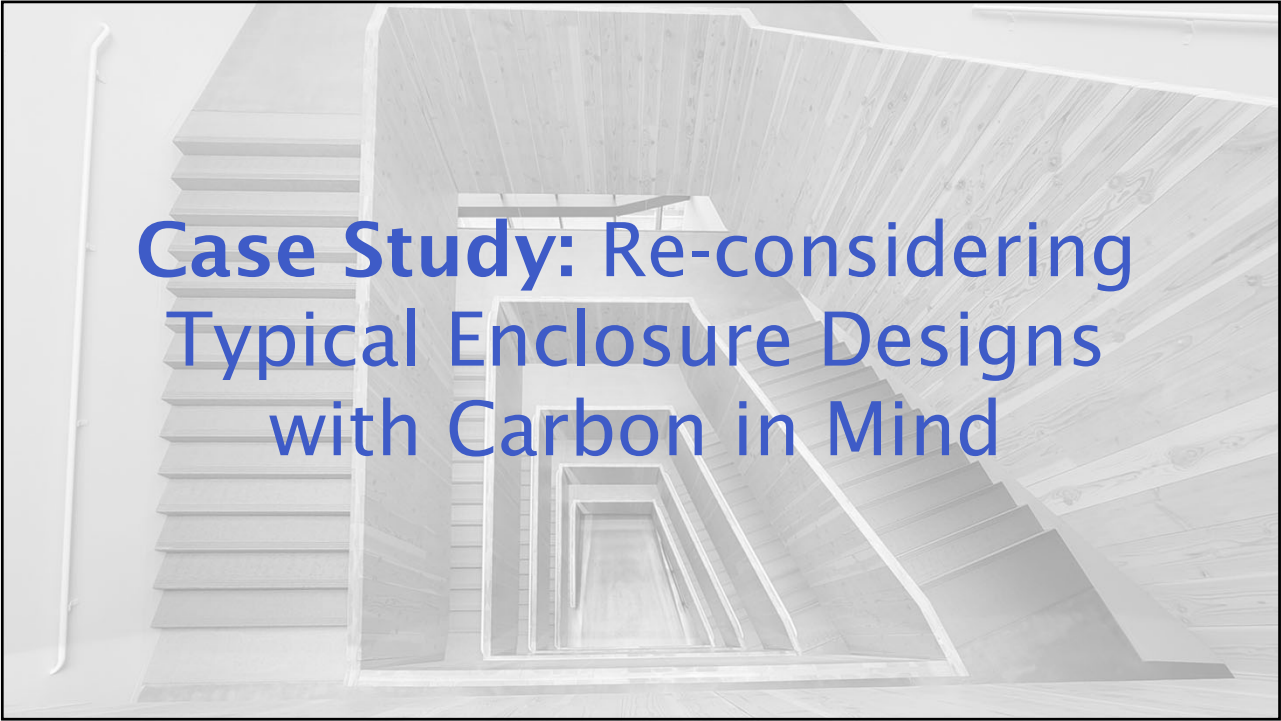
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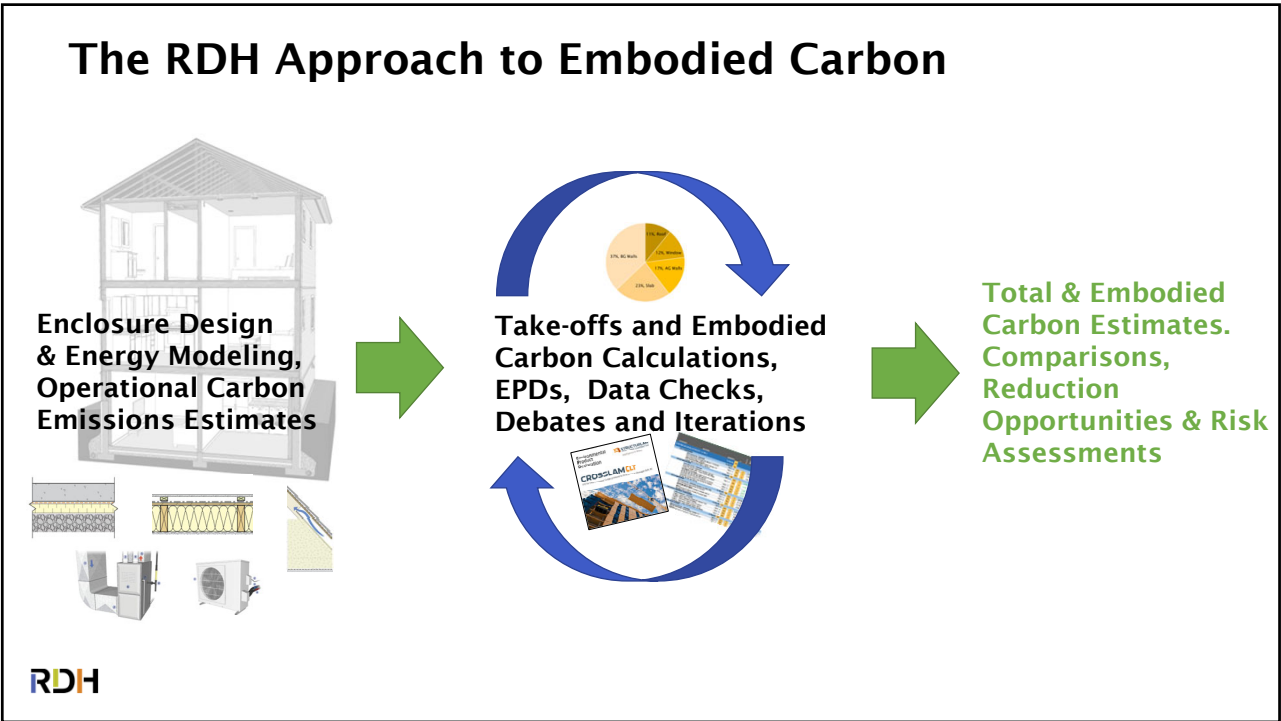


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Case Study: Re-considering
Typical Enclosure Designs
with Carbon in Mind

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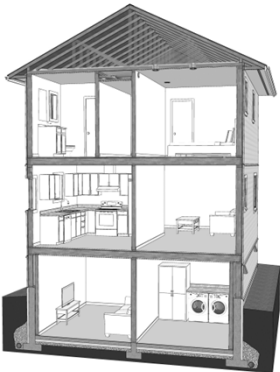
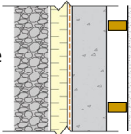


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Baseline Building Enclosure Design – Embodied Carbon

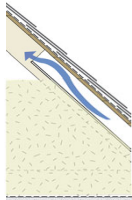
Below Grade Wall (R-20)

- Exterior/Gravel fill
- 5" EPS Insulation
- Waterproofing
- 8" reinforced concrete
- 2x4 wood framing
- Gypsum board



Sloped Roof (R-39 eff.)

- Asphalt shingles
- Roofing underlayment
- Plywood sheathing
- Wood trusses
- 15" blown fiberglass insulation
- Polyethylene AB/VB
- Gypsum board

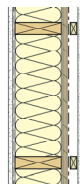


Windows (U-0.27)

- Double glazing, low-e, argon fill
- Fiberglass frames

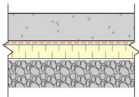
Above Grade Wall (R-17 eff.)

- Vinyl siding
- Rainscreen strapping
- House-wrap
- Plywood sheathing
- 2x6 wood framing
- Mineral wool batt
- Polyethylene AB/VB
- Gypsum board



Floor Slab (R-10)

- Floor finish
- 6" concrete slab
- Polyethylene AB/VB
- 2.5" EPS insulation
- Compacted gravel fill

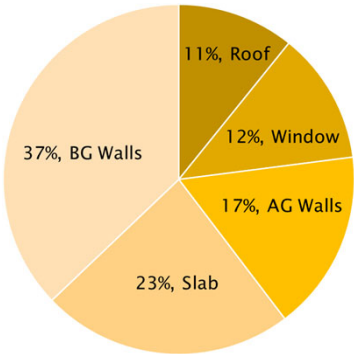
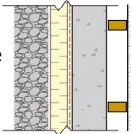


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Baseline Building Enclosure Design – Embodied Carbon

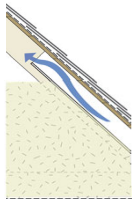
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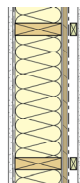


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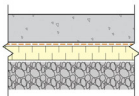
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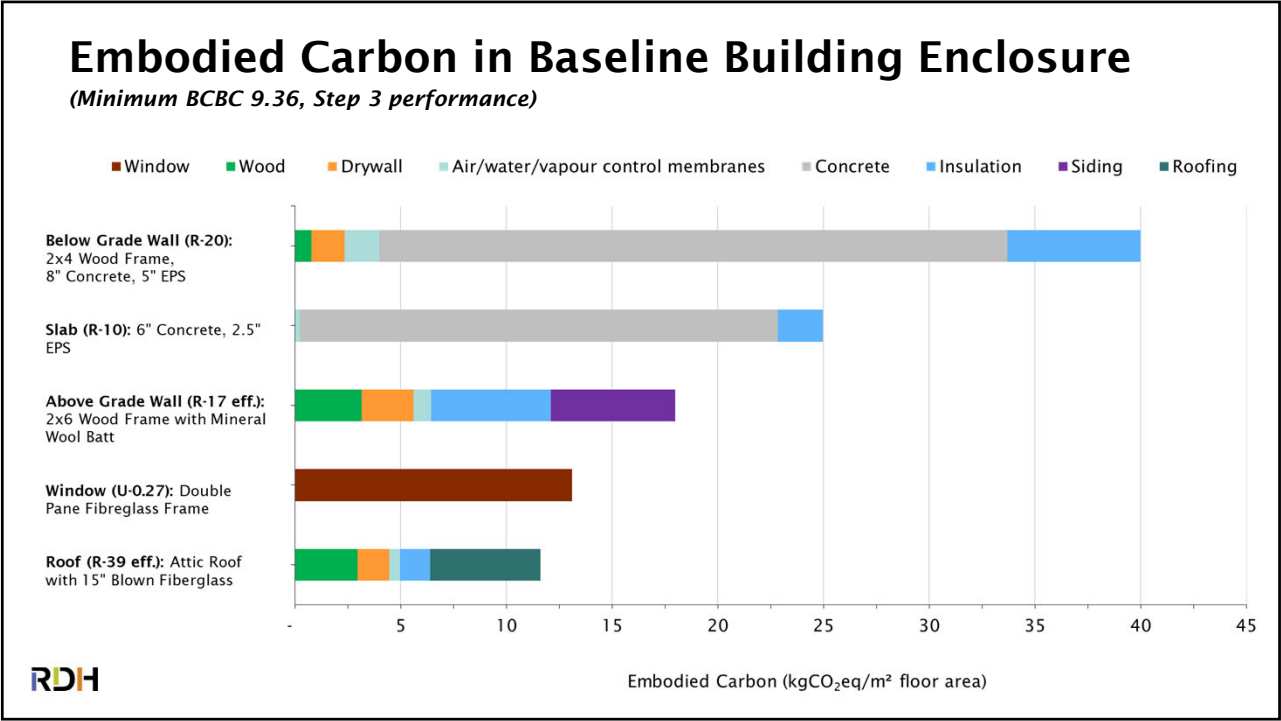


Floor Slab (R-10)

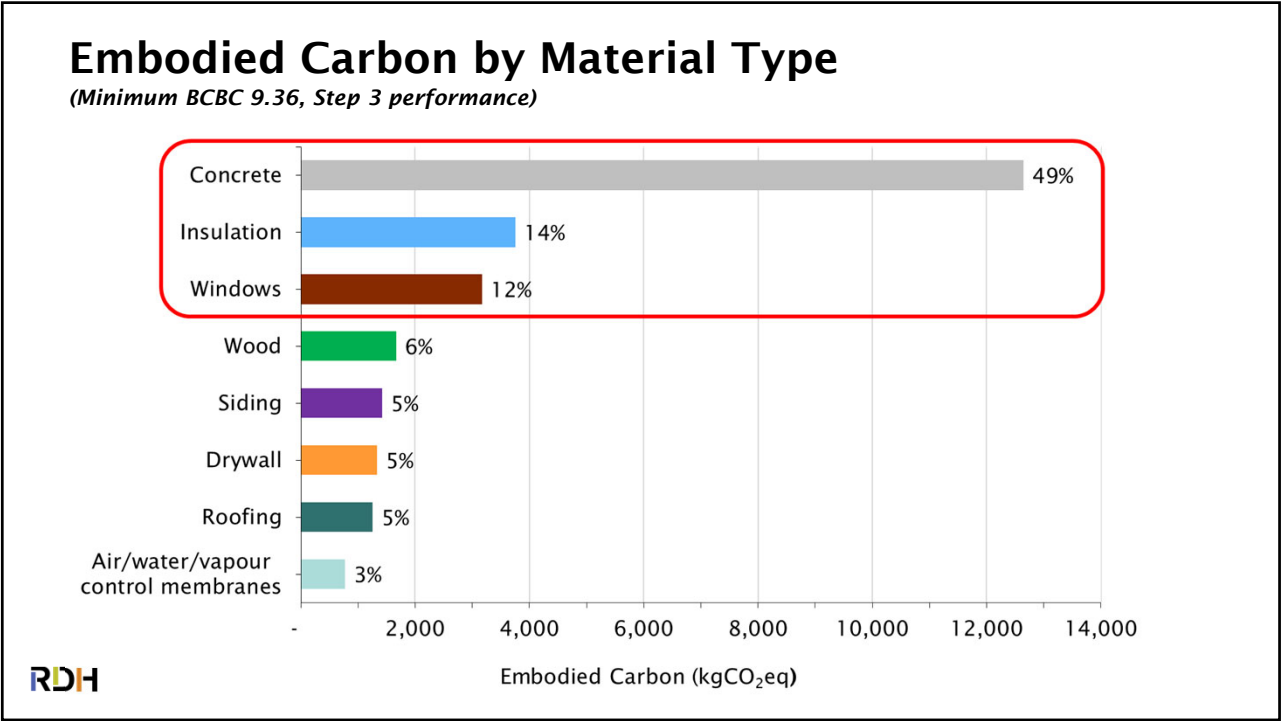
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- 2.5" EPS insulation
- Compacted gravel fill



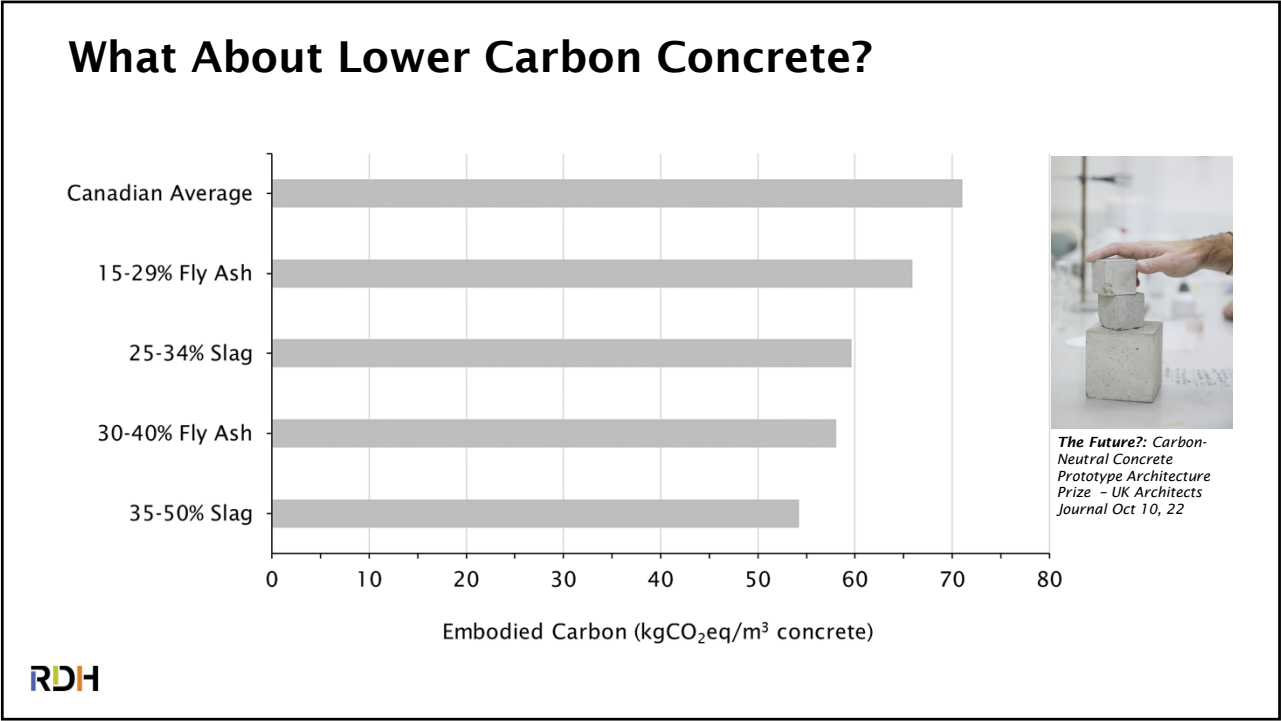
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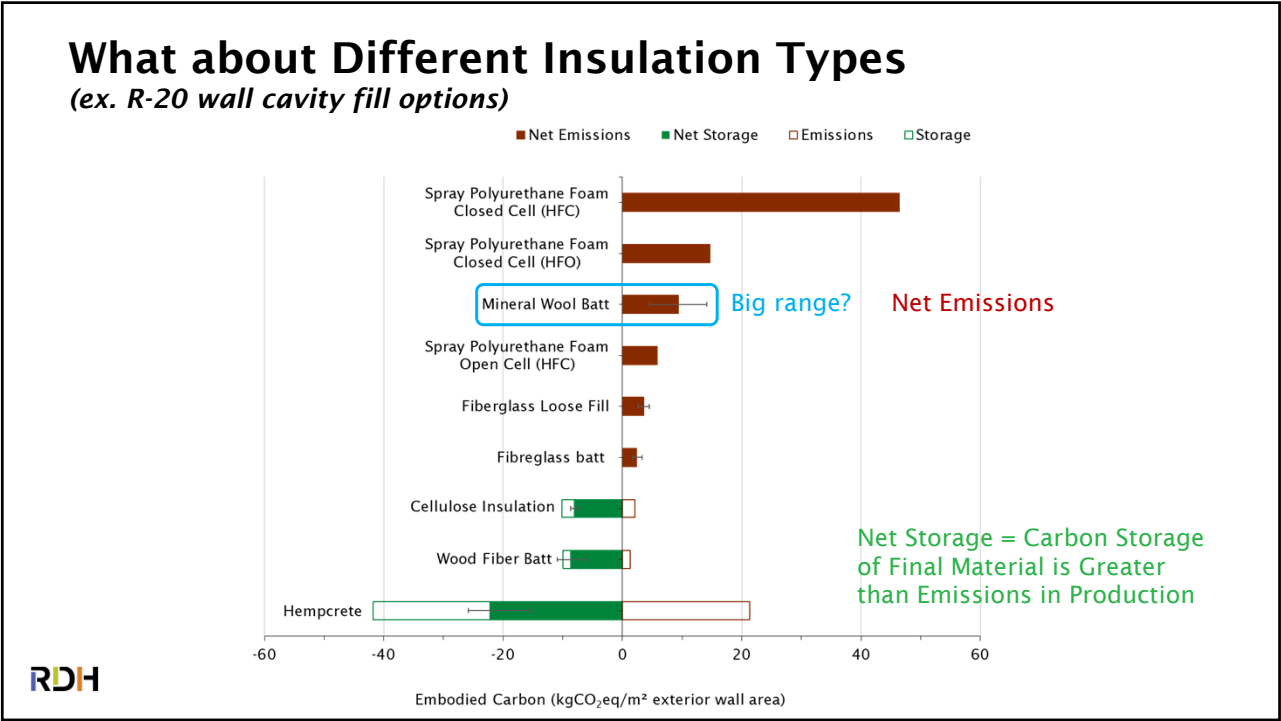
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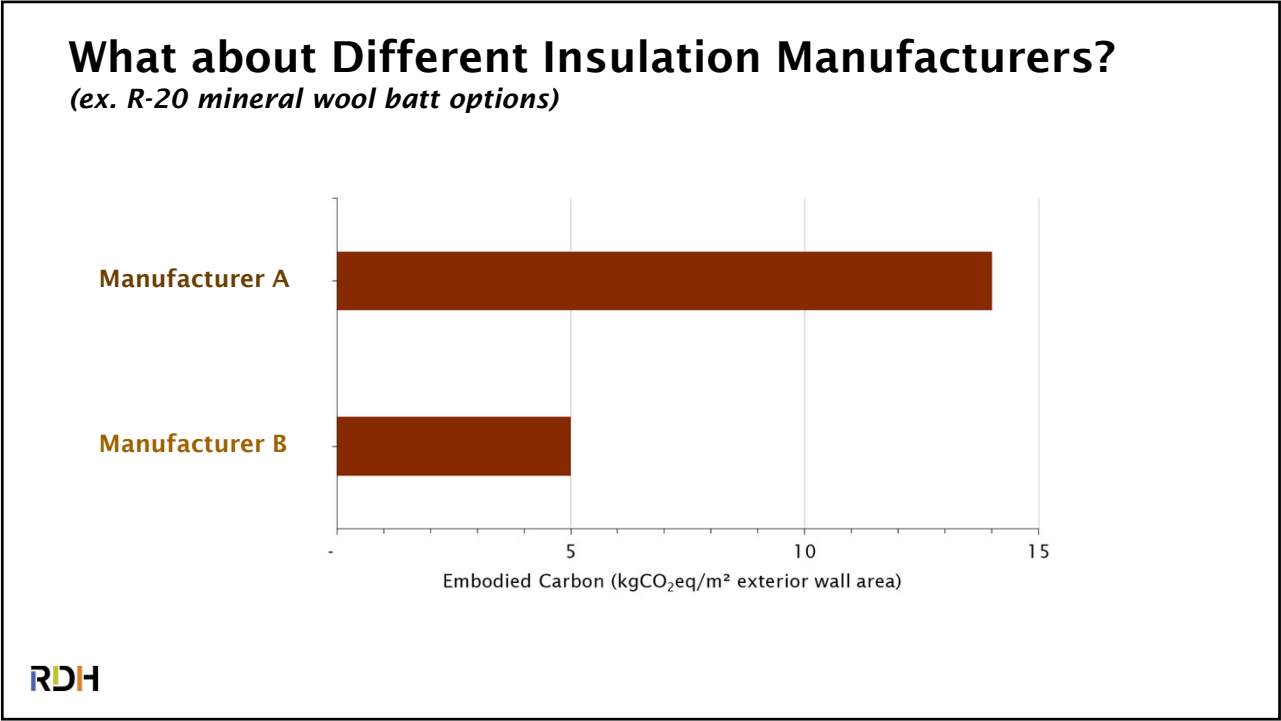
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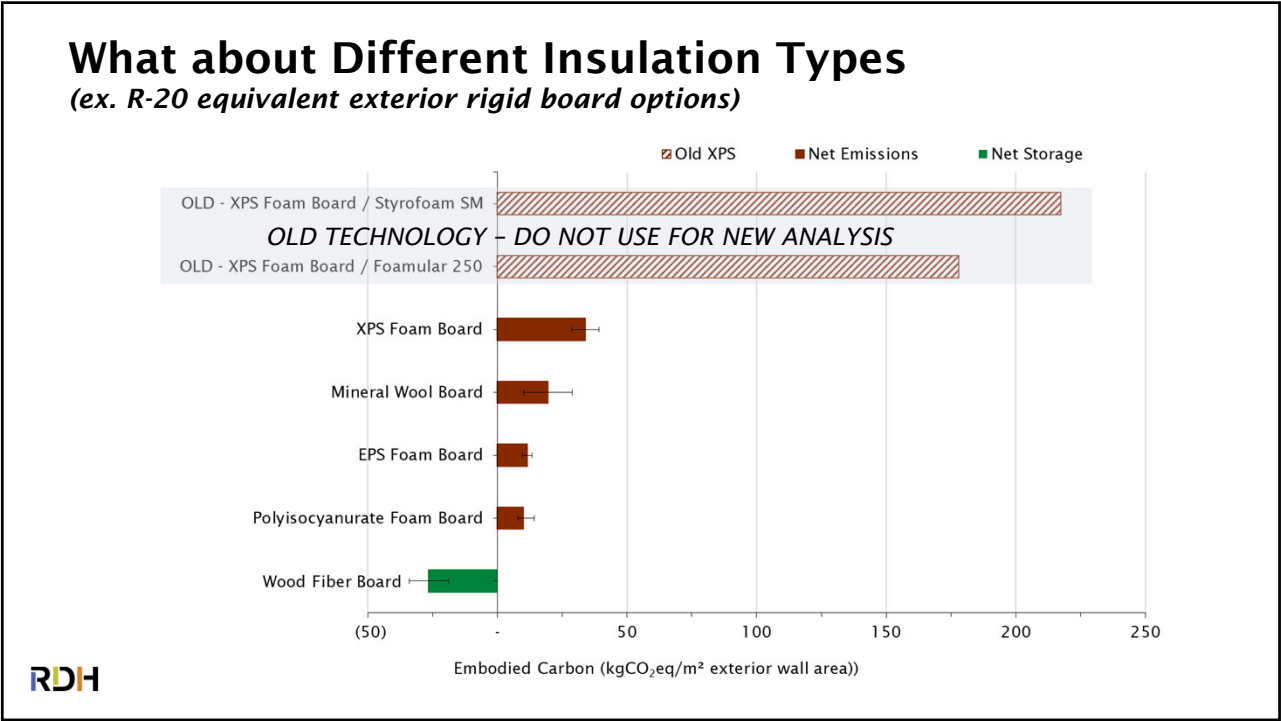
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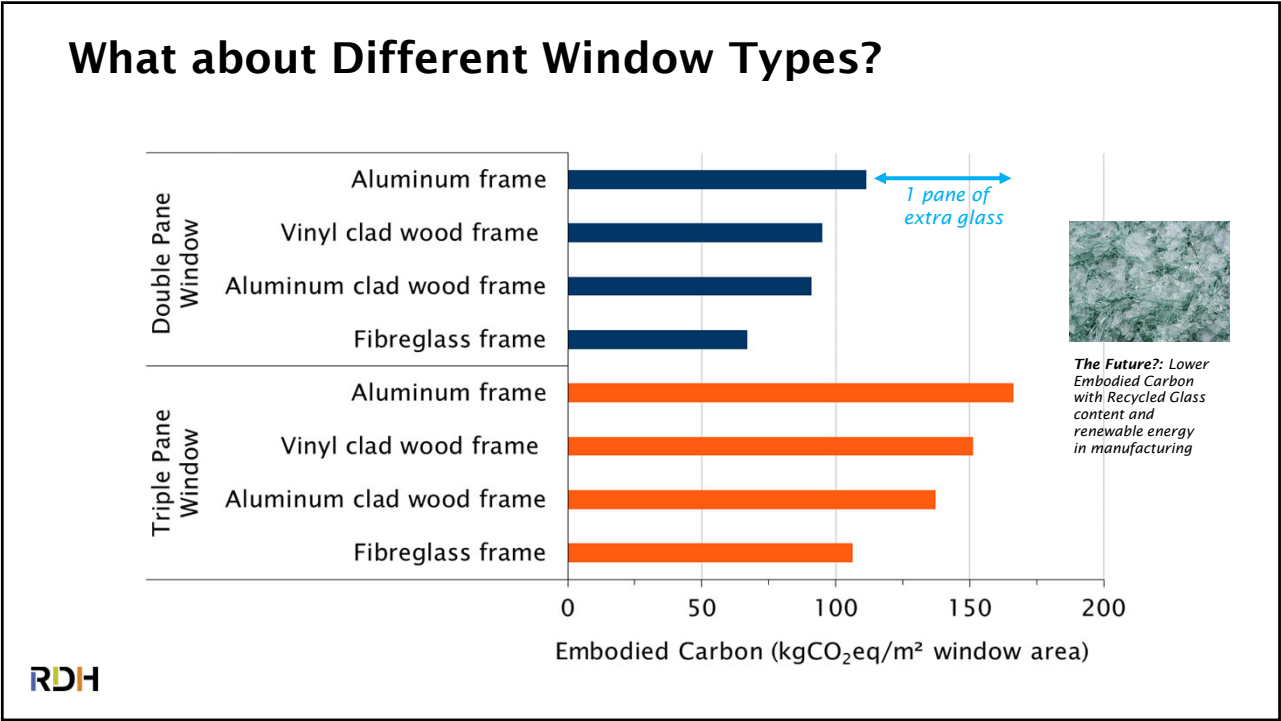


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Carbon Storing Materials

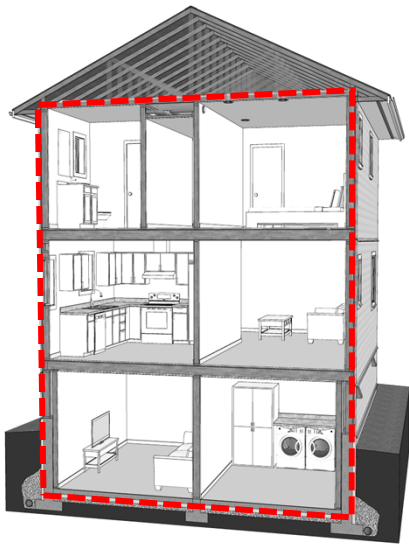


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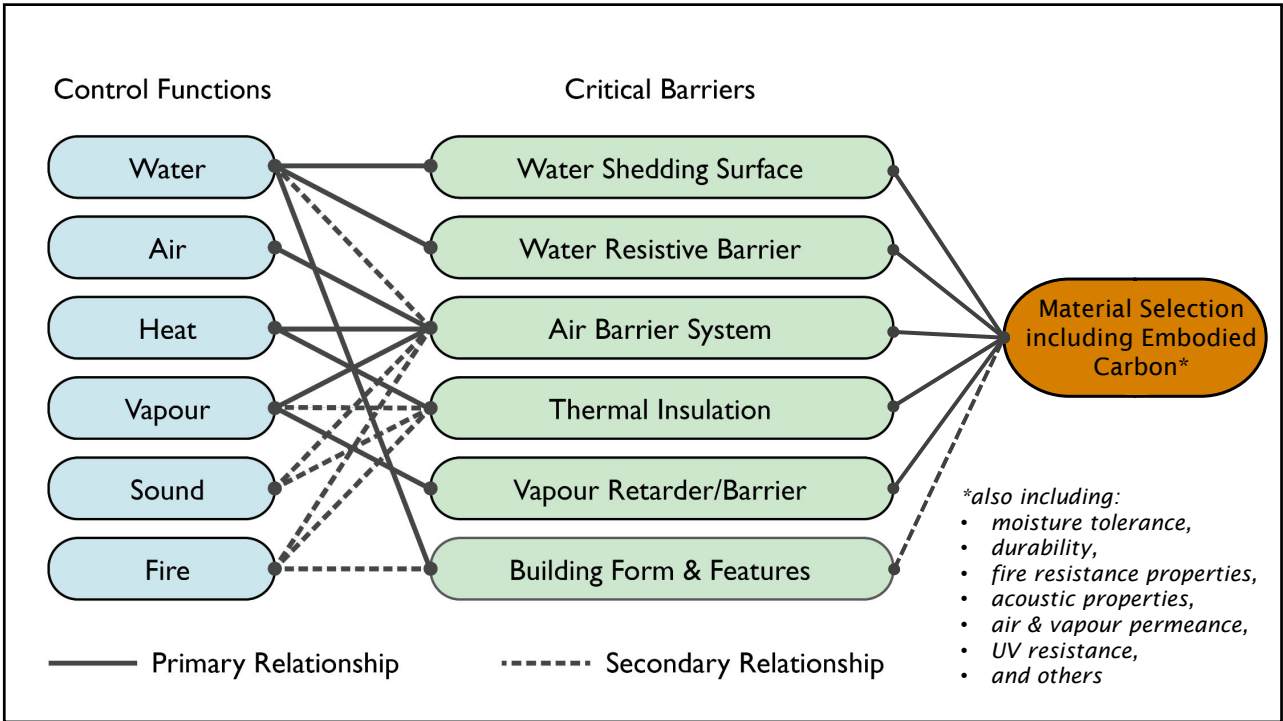
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Building Science for Enclosure Design with a Lens on Embodied Carbon



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Evaluating Alternate Design & Material Options Today & In the Future

\$

★★★★★

Cost Efficiency

🔨

★★★★★

Construction

🌊

★★★★★

Resilience

💧

★★★★★

Water

🌿

★★★★★

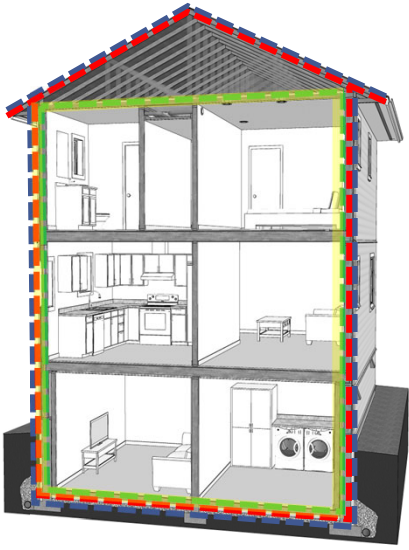
Carbon in Materials & Sustainability

TIP! We can already get to zero & even negative carbon enclosures with proven materials that are already on the market today. New and future materials may make it easier – some with lower and some with higher risks.

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Control & Continuity Across the Entire Enclosure



— Water Shedding Surface

— Water Resistive Barrier

— Air Barrier

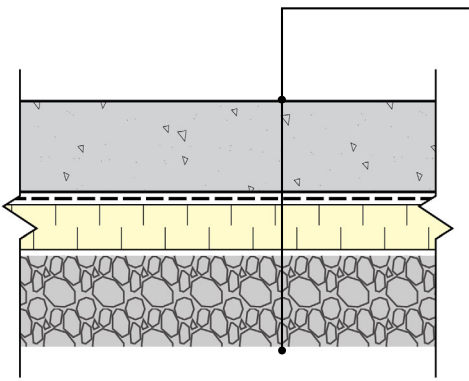
— Thermal Insulation

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Rethinking Slab on Grade Designs?



INTERIOR


CONCRETE SLAB

POLYETHYLENE SHEET (*Moisture/Air/Vapor/Soil Gas Barrier*)

RIGID INSULATION (*R-value varies*)

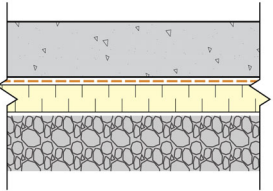
CLEAR GRAVEL DRAINAGE LAYER

EXTERIOR



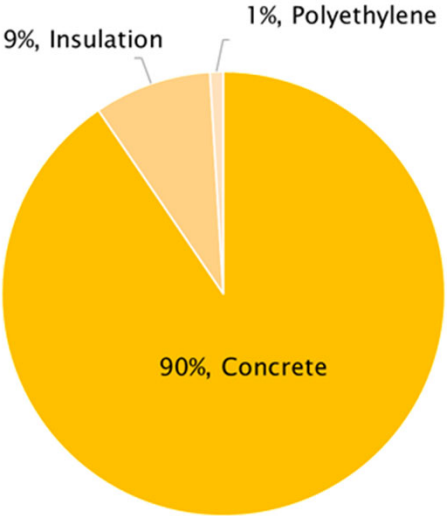
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Slab on Grade Embodied Carbon




Floor Slab (*R-10*)

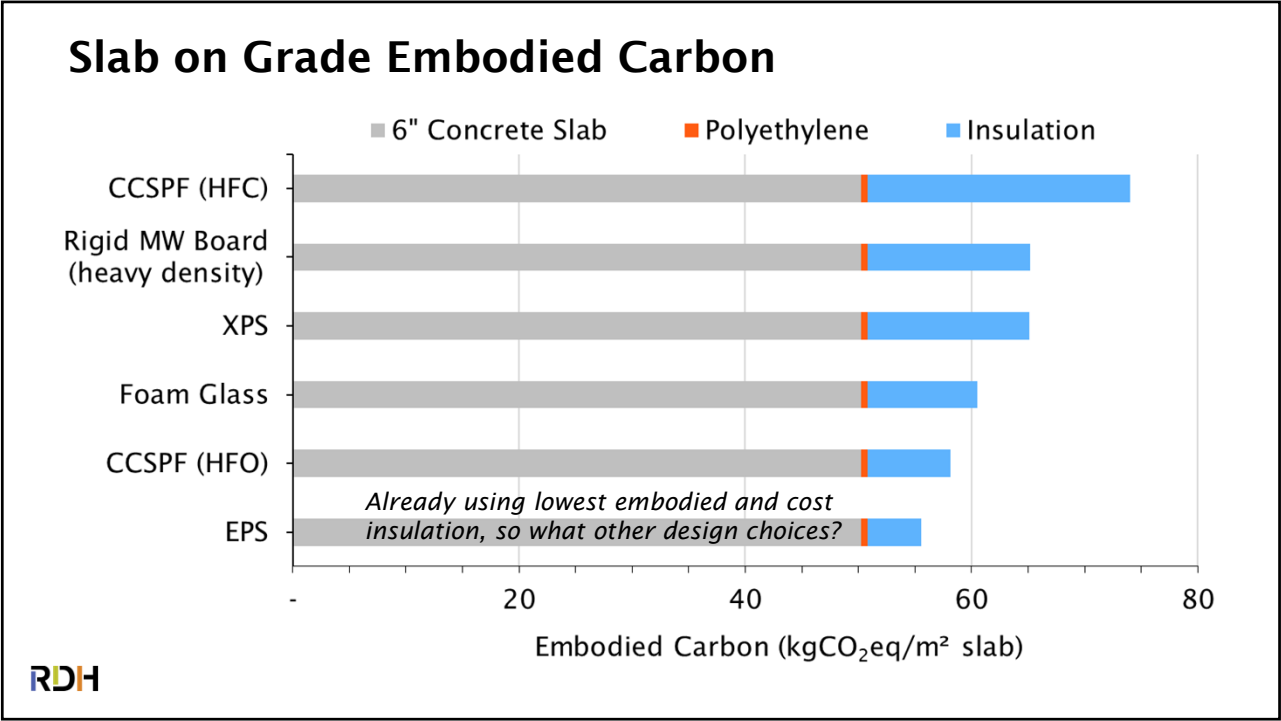
- Floor finish
- 6" concrete slab
- Polyethylene AB/VB
- **2.5" EPS insulation**
- Compacted gravel fill



Material	Percentage
Concrete	90%
Insulation	9%
Polyethylene	1%



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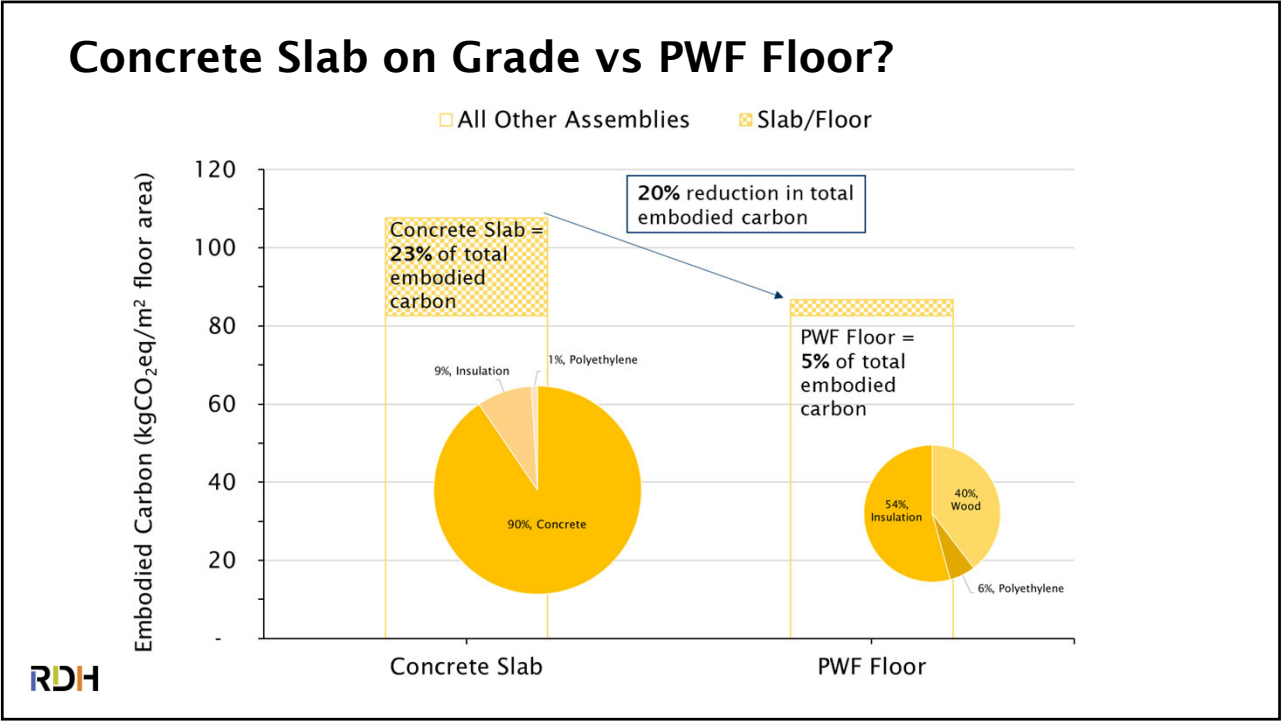
What about Non-Concrete Floor on Grade Permanent Wood Foundation (PWFs)?

PWF Floor on Grade (R-10)

- Floor finish
- ¾" treated plywood sheathing
- 2x6 treated wood framing
- Polyethylene AB/VB
- 2.5" EPS insulation
- Compacted gravel fill

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Up & Coming Below Grade Lower-Carbon & Carbon Storing Minerals?

Lightweight (9.8lbs/cf)
Thermal insulation
Load-bearing
Rot + pest resistant
95% recycled content
Closed cell

Insulating Lightweight Gravel (Upcycled Glass)
<https://www.glavel.com/foam-glass-gravel/>

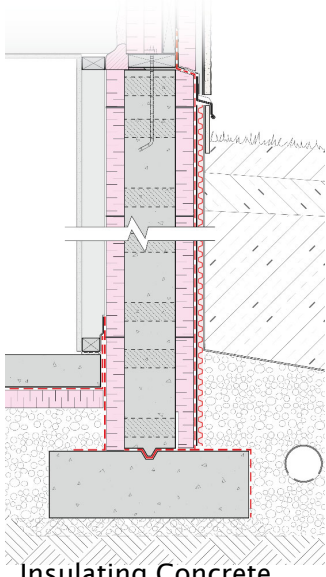
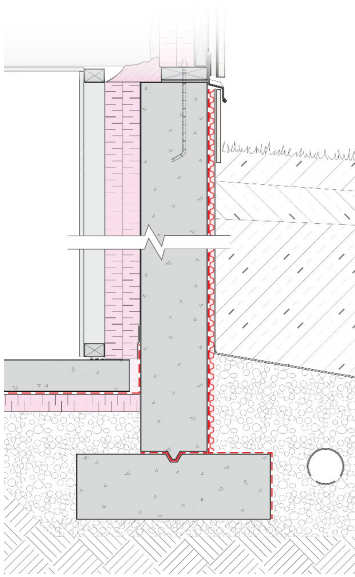
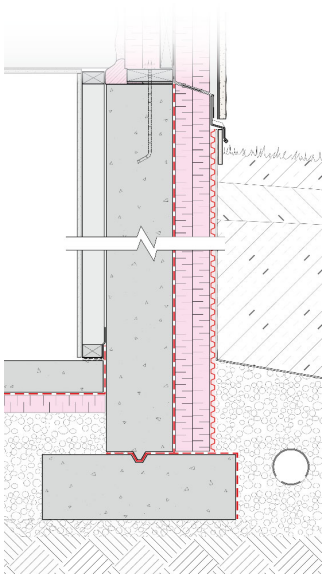
Synthetic CaCO₃ Aggregate -
<https://www.blueplanetsystems.com/products>

Upcycled Aggregate

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Re-thinking Below Grade Wall Designs?



RDH

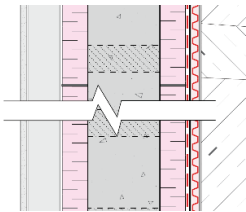
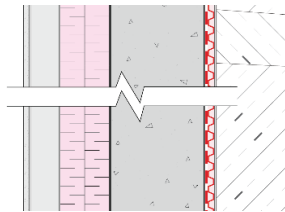
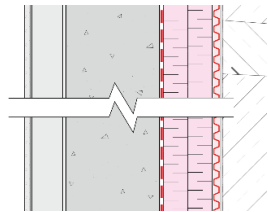
Exterior Insulated

Interior Insulated

Insulating Concrete Forms (ICF)

64

Re-thinking Below Grade Wall Designs?



Exterior Insulated

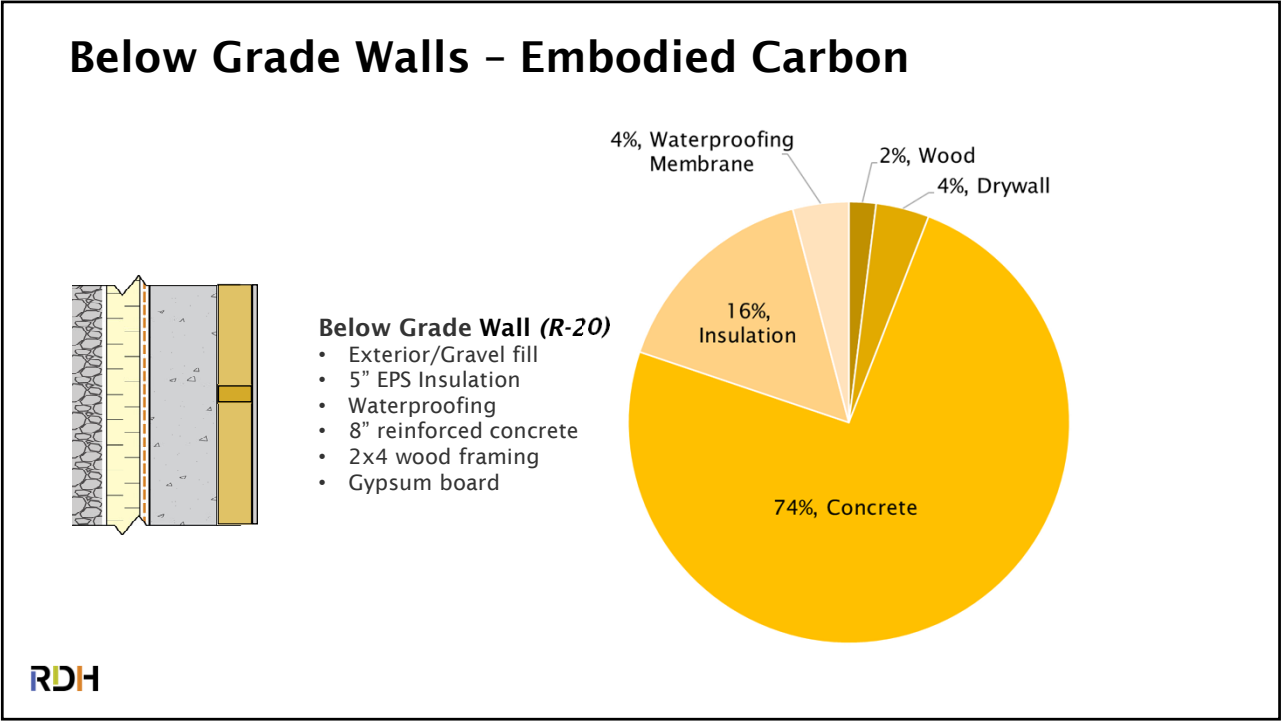
Interior Insulated

ICF

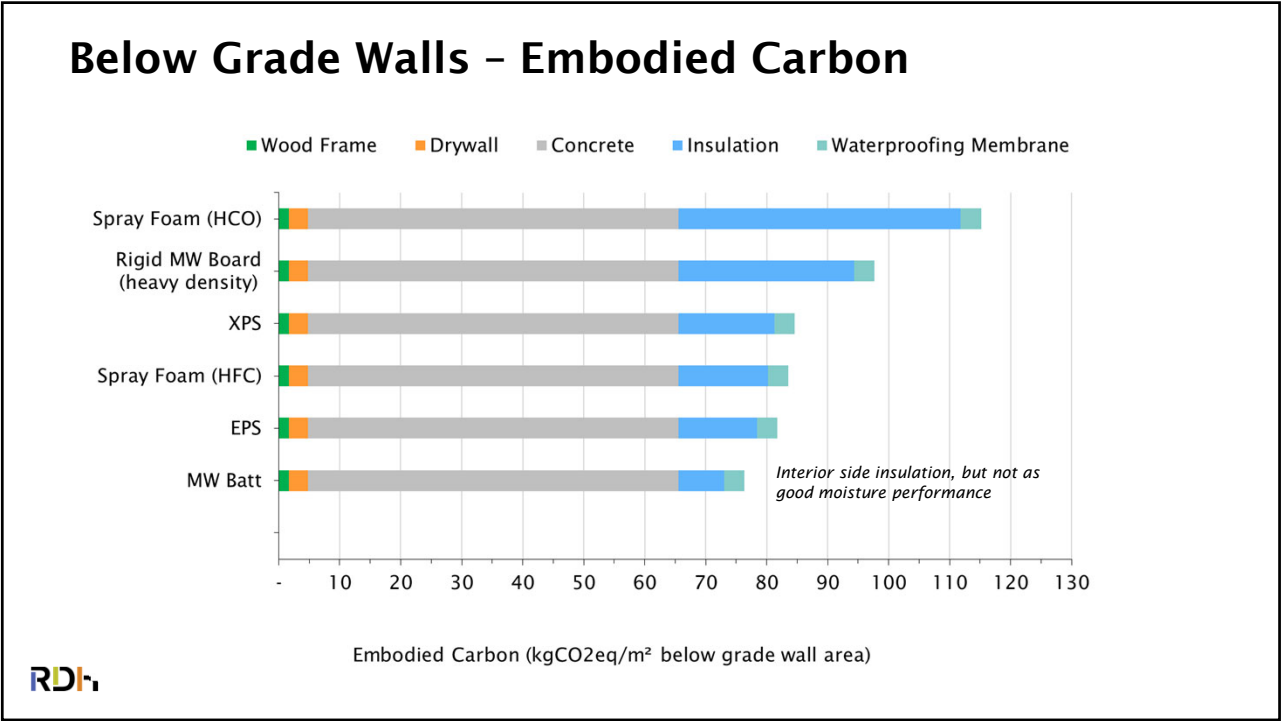
Below Grade Wall (R-20)

- Exterior/Gravel fill
- 5" EPS Insulation (*could be inside or outside or split to both sides - to carbon calculation is the same with same EPD material*)
- Waterproofing or damproofing membrane
- 8" reinforced concrete
- 2x4 wood framing service cavity
- Gypsum board

65

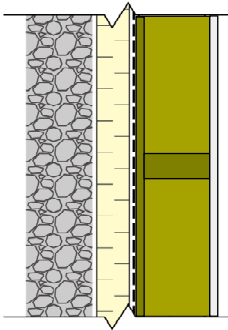


66



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What about Non-Concrete Walls Using Permanent Wood Foundations (PWFs)?



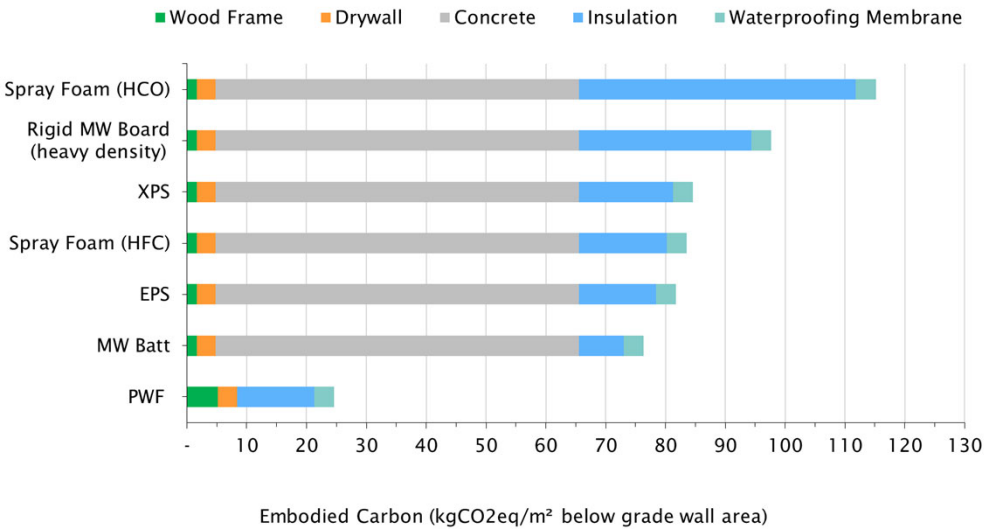
Below Grade Wall (R-20)

- Exterior/Gravel fill
- 5" EPS Insulation (exterior)
- Waterproofing membrane
- ¾" treated plywood sheathing
- 2x8 treated framing (empty cavity)
- Gypsum board & Paint

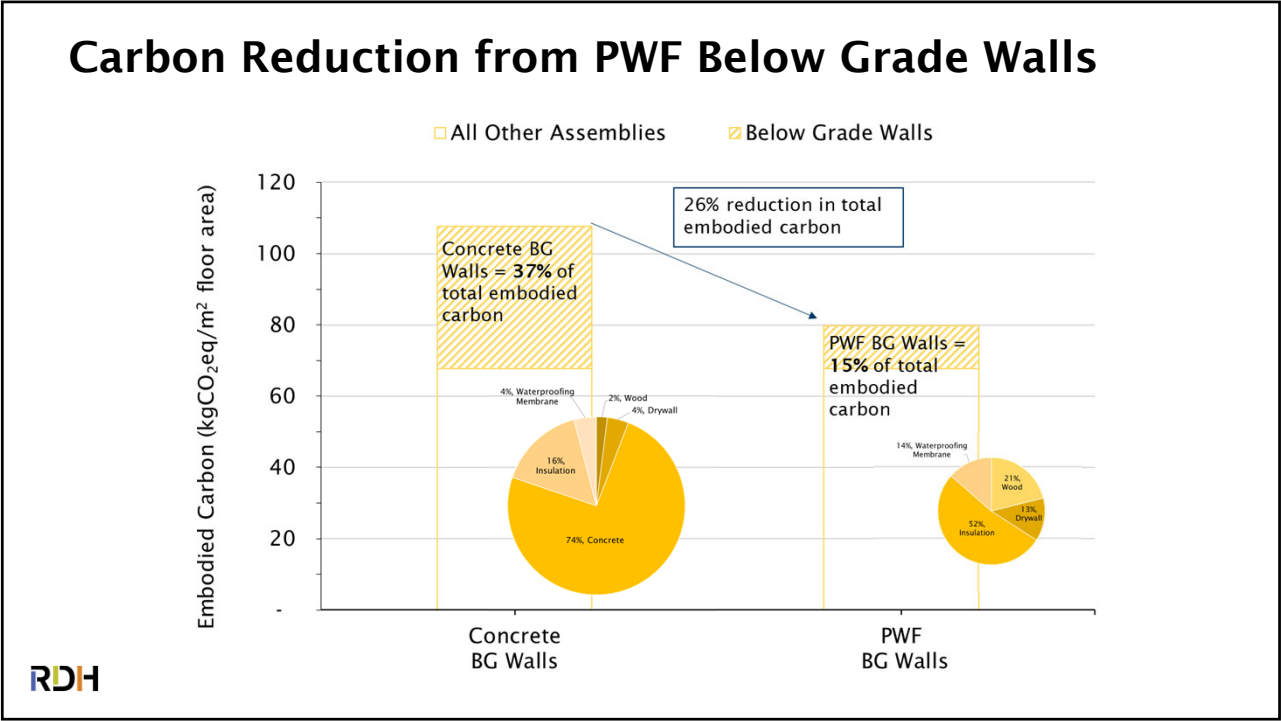


68

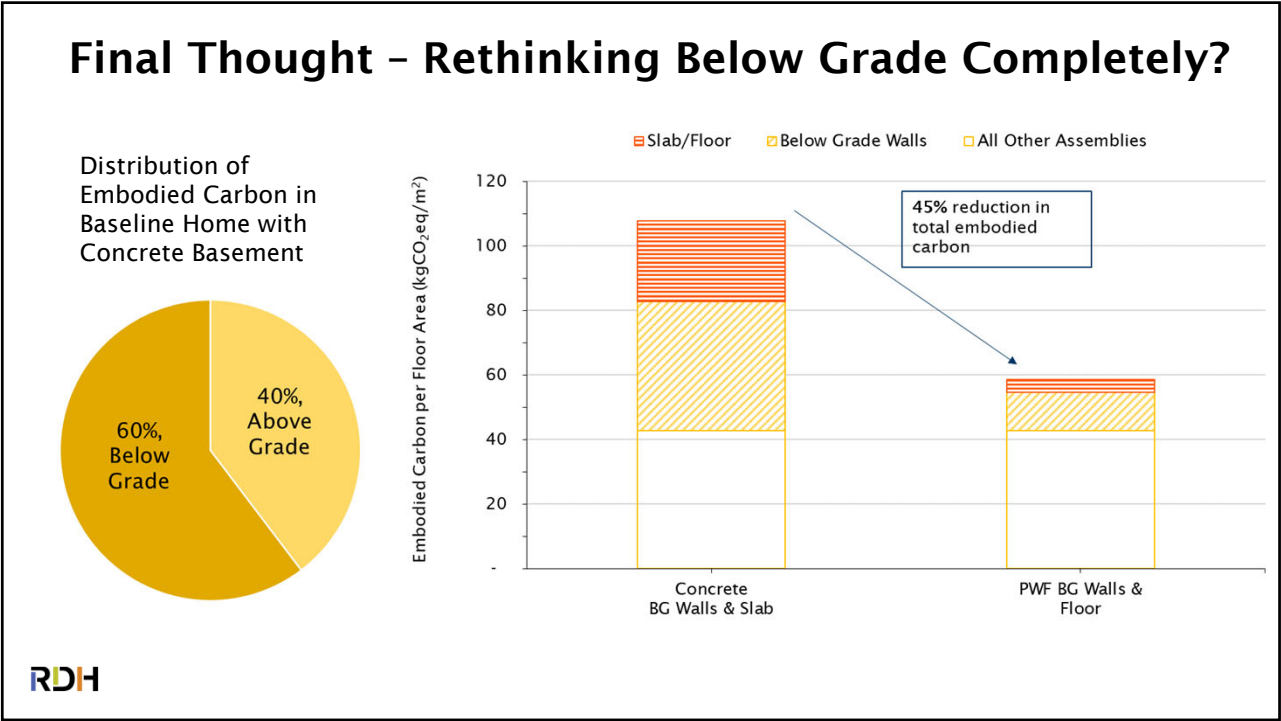
Below Grade Walls – Embodied Carbon



69



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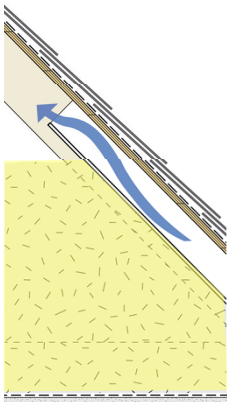
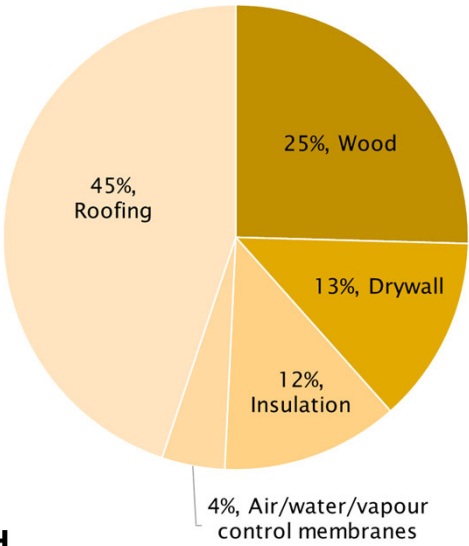
71

Elevated Homes & Non-Concrete Foundations



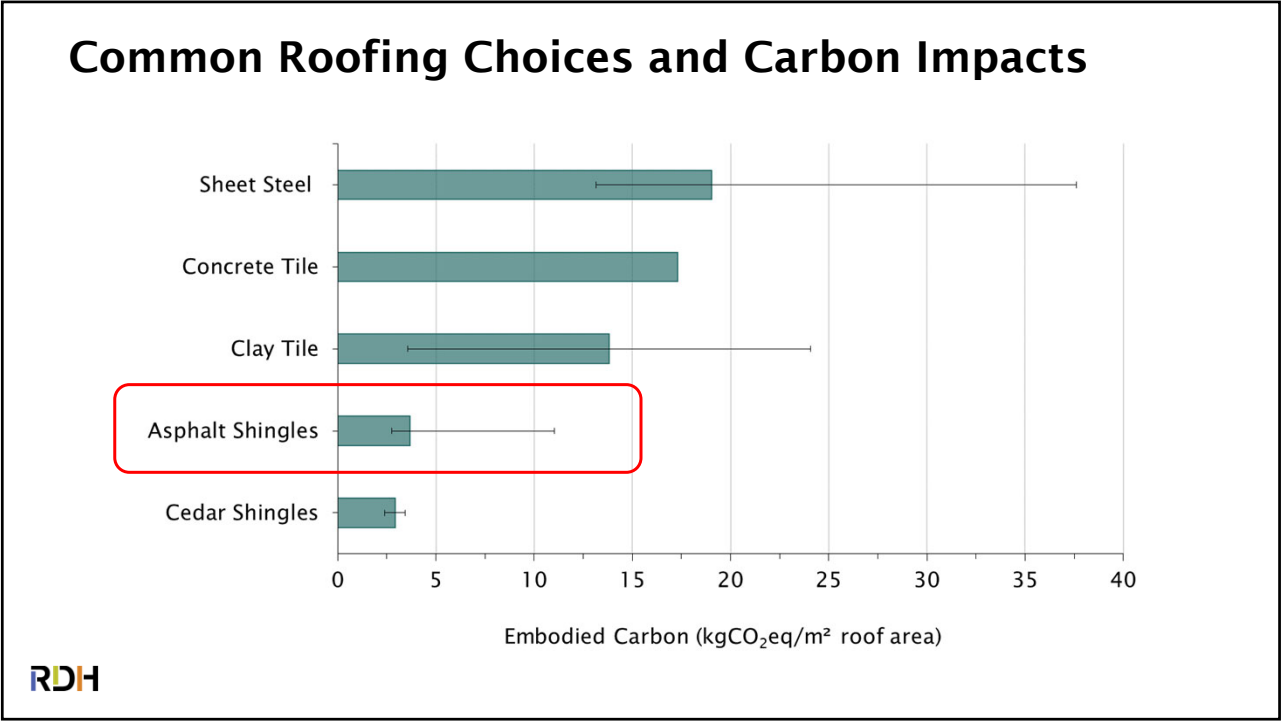
72

Re-Thinking Sloped Attic Roof Assemblies

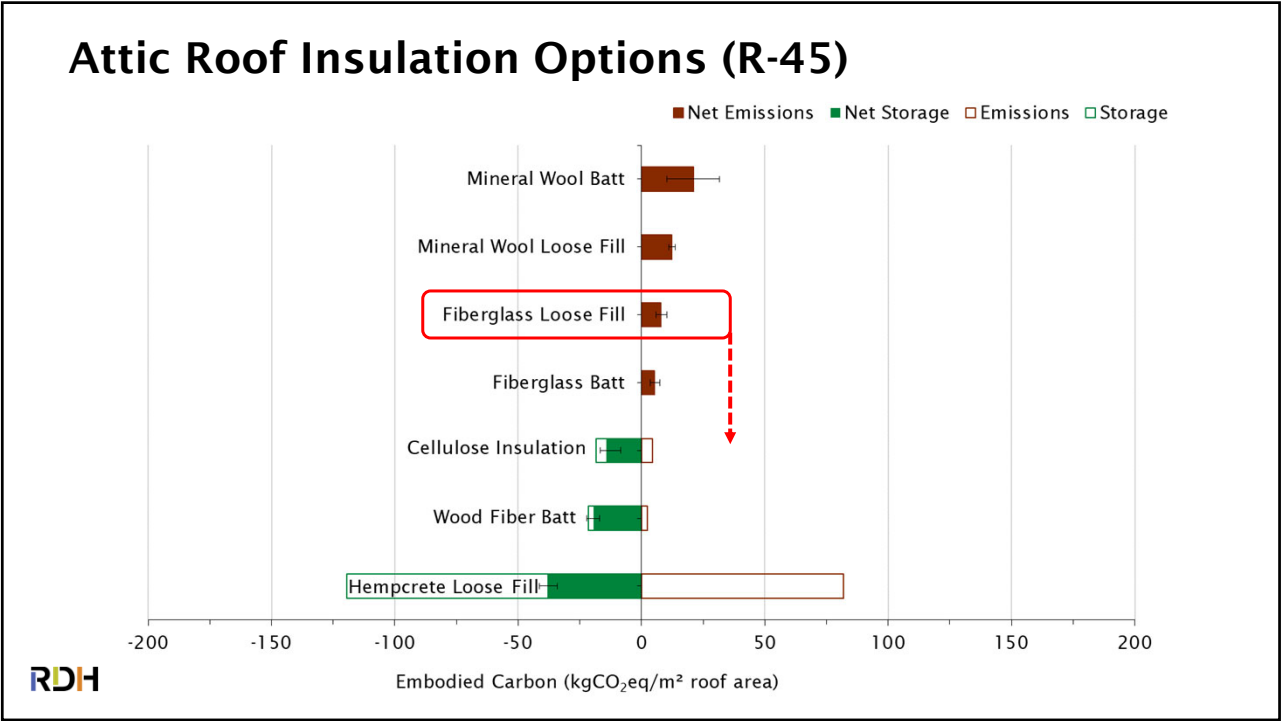


- Sloped Roof (R-39 eff.)**
- Asphalt shingles
 - Roofing underlayment
 - Plywood sheathing
 - Wood trusses
 - 15" blown fiberglass insulation
 - Polyethylene AB/VB
 - Gypsum board

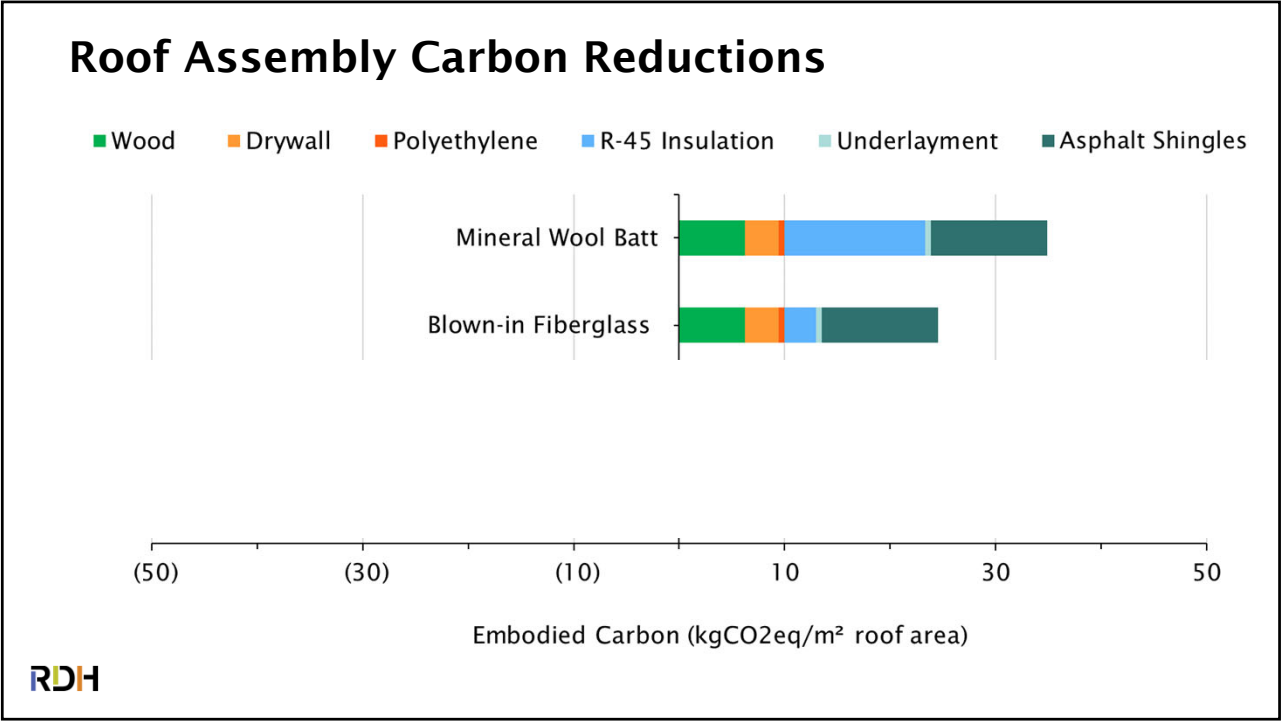
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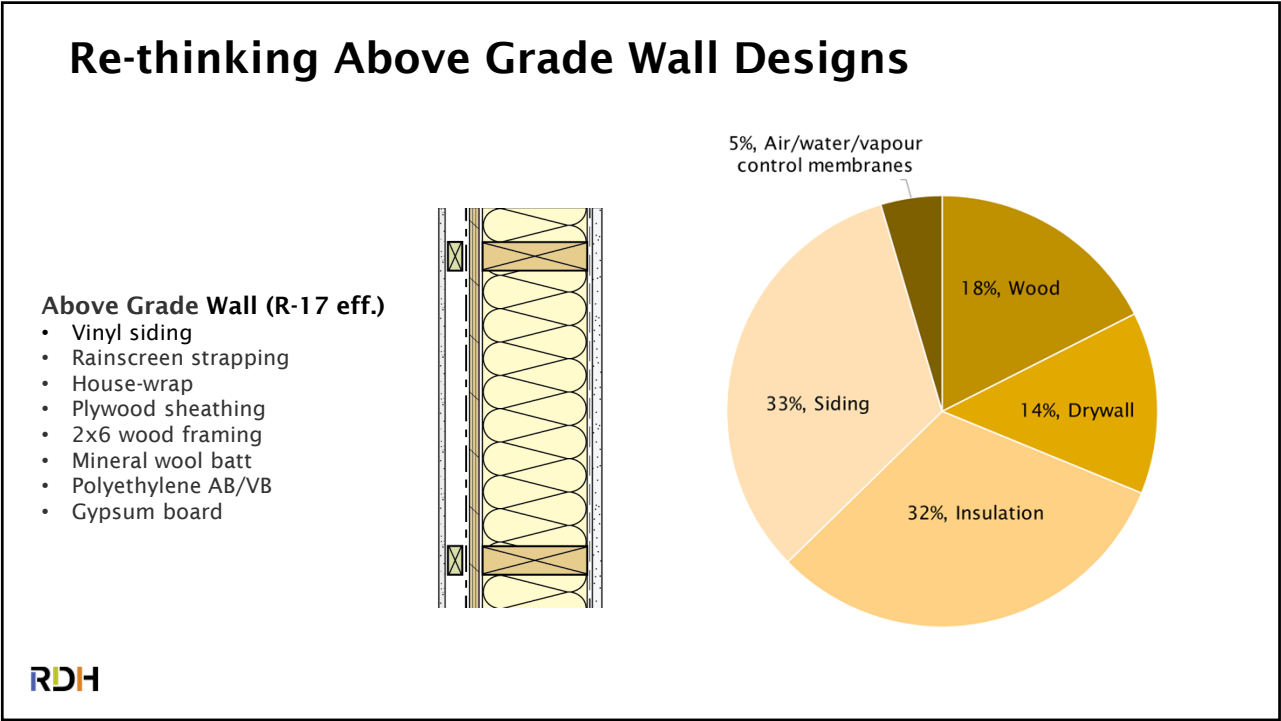
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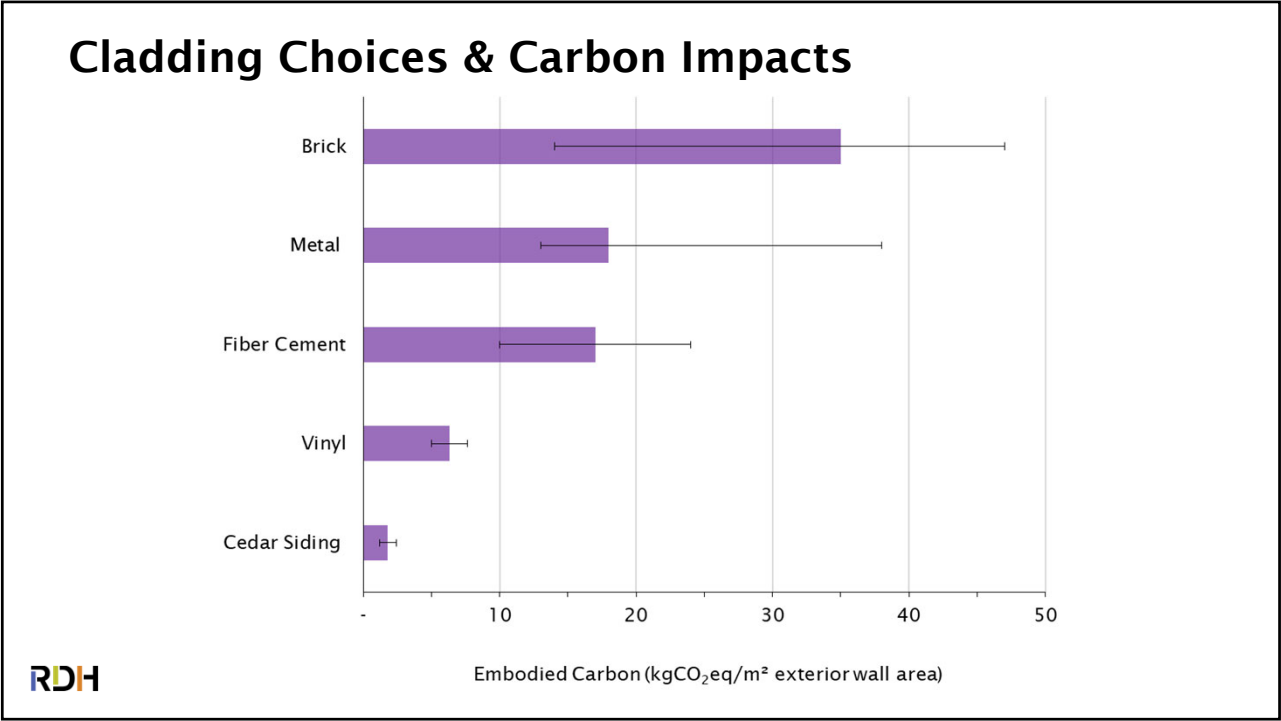
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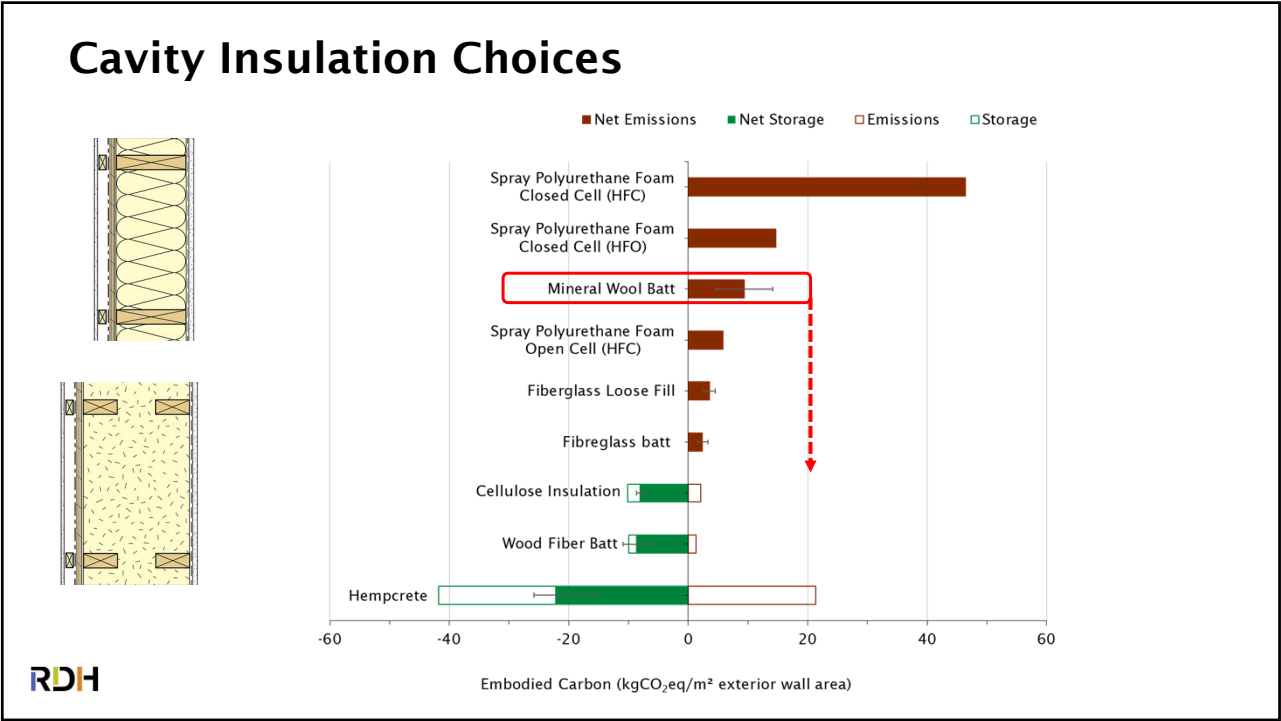
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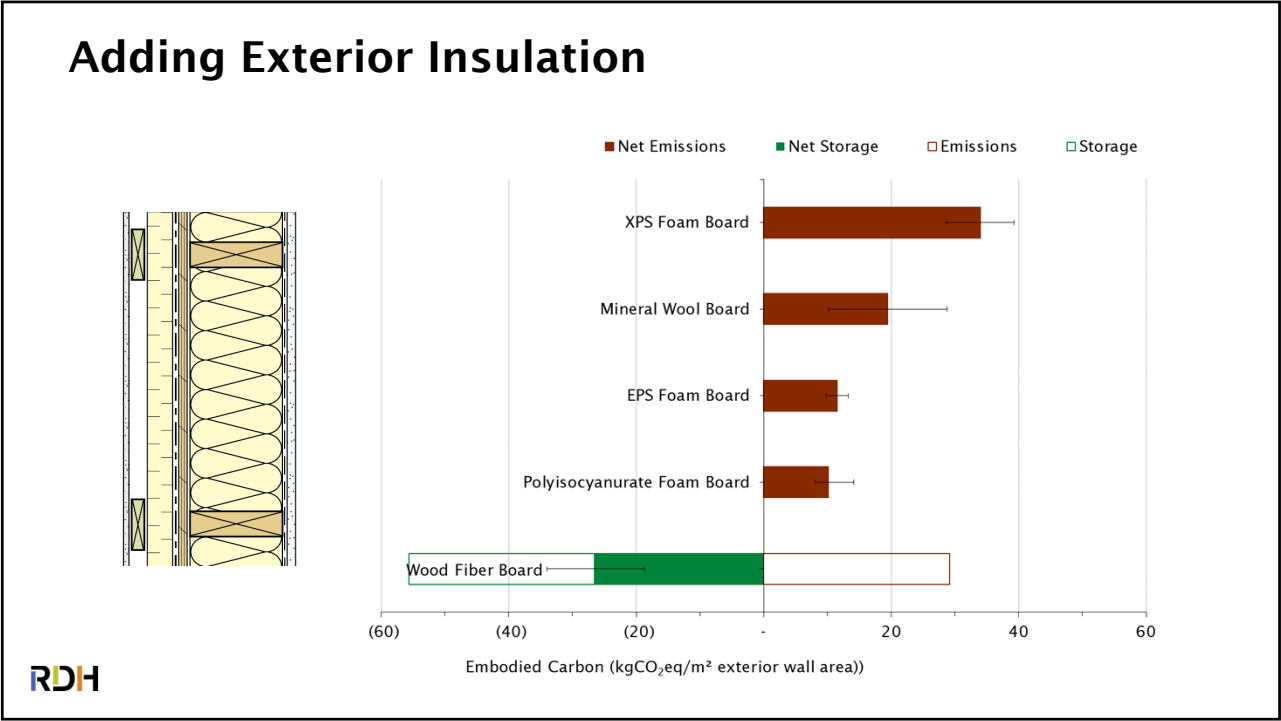
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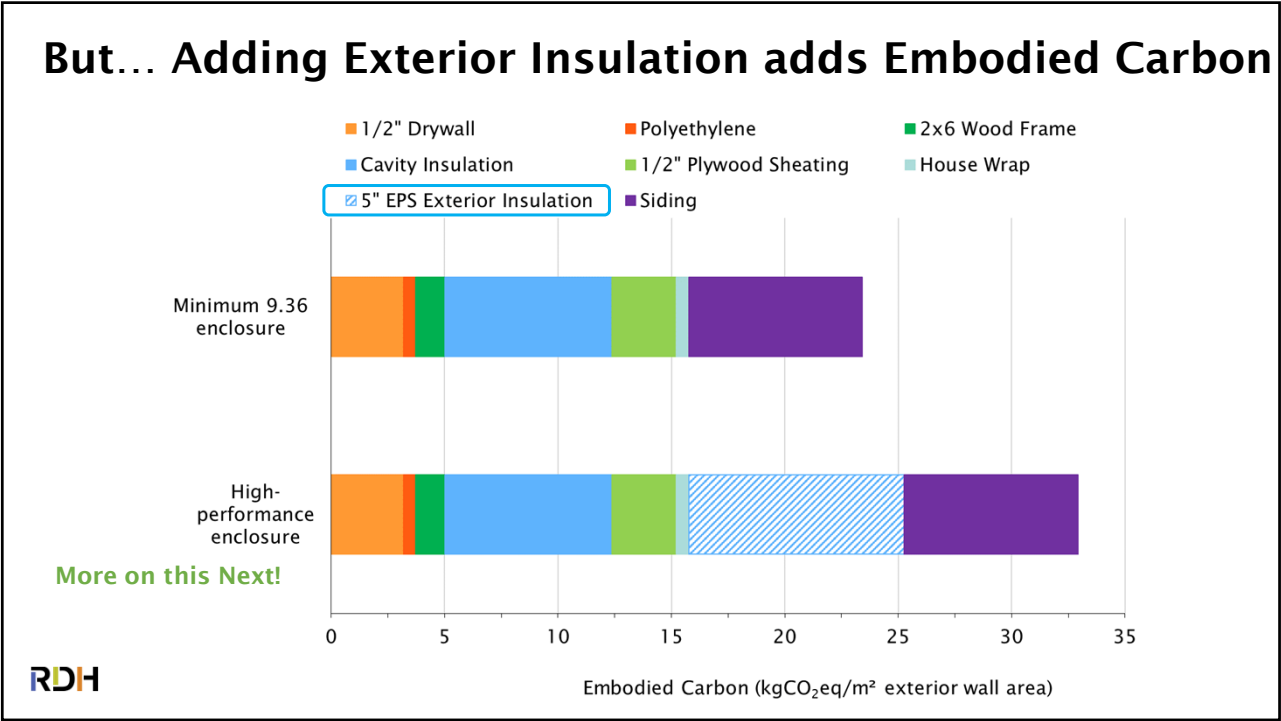
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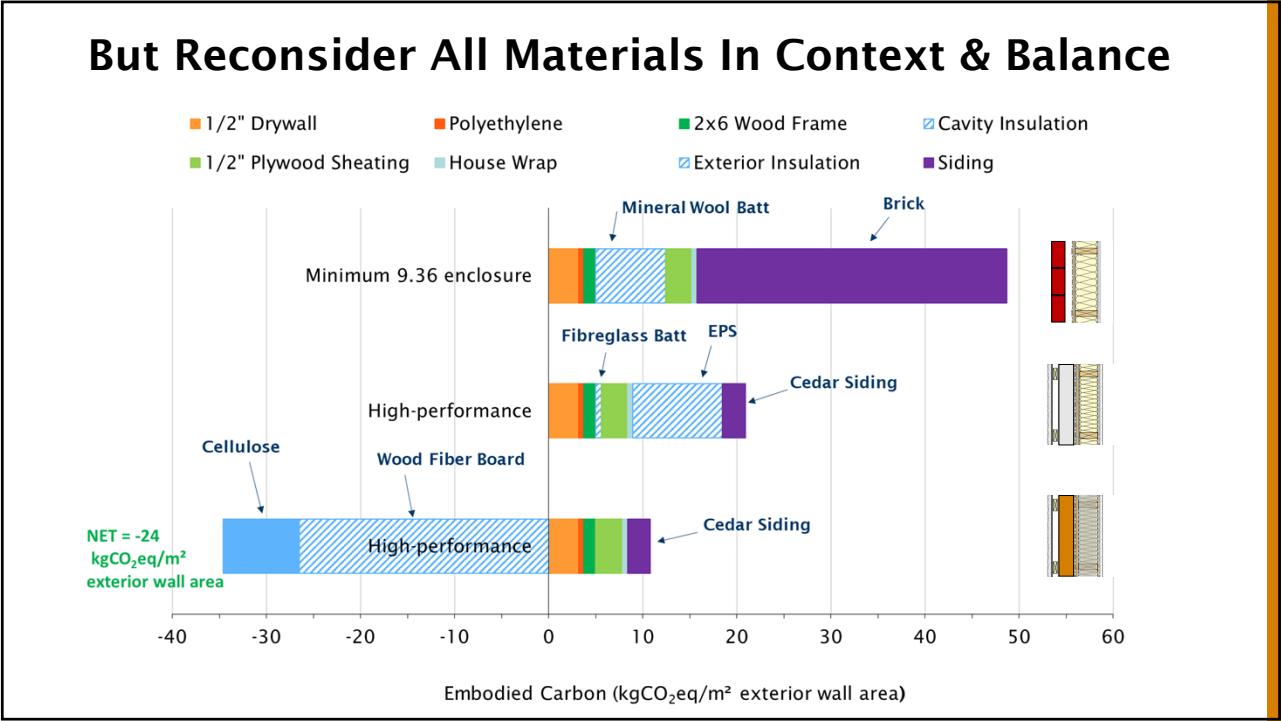
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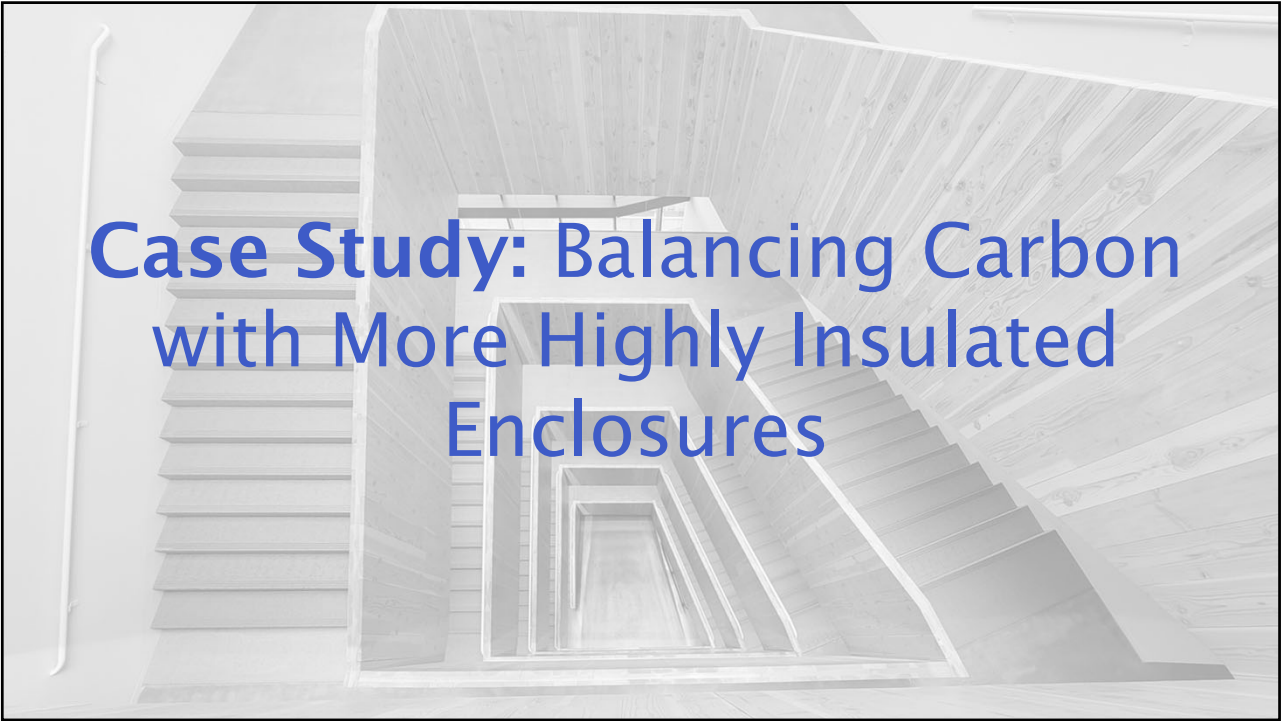
80



81



82



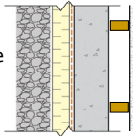
83

Higher Performance Net Zero Building Enclosure

(BC Energy Code Step 5 performance)

Below Grade Wall (R-20)

- Exterior/Gravel fill
- 5" EPS Insulation
- Waterproofing
- 8" reinforced concrete
- 2x4 wood framing
- Gypsum board



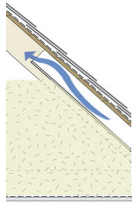
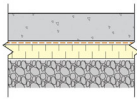
Windows (U-0.18)

- Triple glazing, 2x low-e, argon fill
- Fiberglass frames



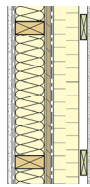
Floor Slab (R-10)

- Floor finish
- 6" concrete slab
- Polyethylene AB/VB
- 2.5" EPS insulation
- Compacted gravel fill



Sloped Roof (R-39 eff.)

- Asphalt shingles
- Roofing underlayment
- Plywood sheathing
- Wood trusses
- 15" blown fiberglass insulation
- Polyethylene AB/VB
- Gypsum board



Above Grade Wall (R-35 eff.)

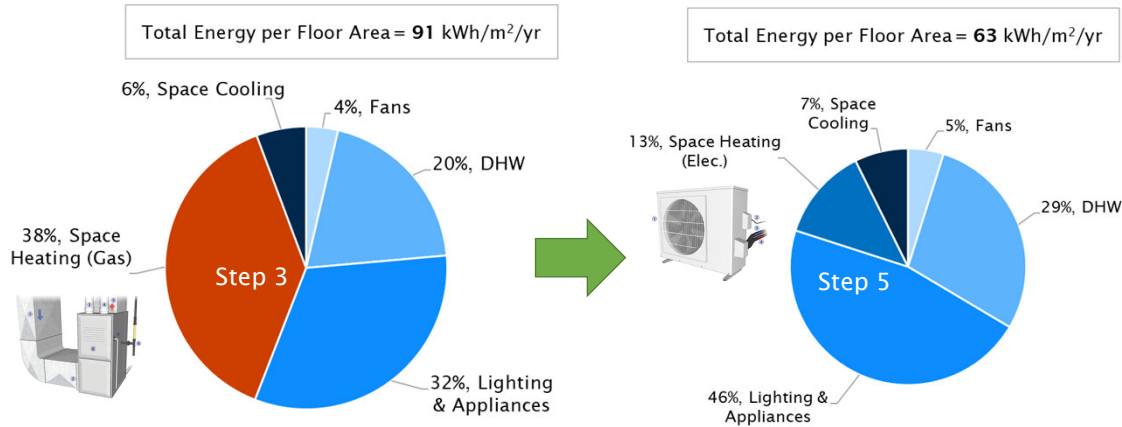
- Vinyl siding
- Rainscreen strapping
- 5" EPS Insulation
- House-wrap
- Plywood sheathing
- 2x6 wood framing
- Mineral wool batt
- Gypsum board



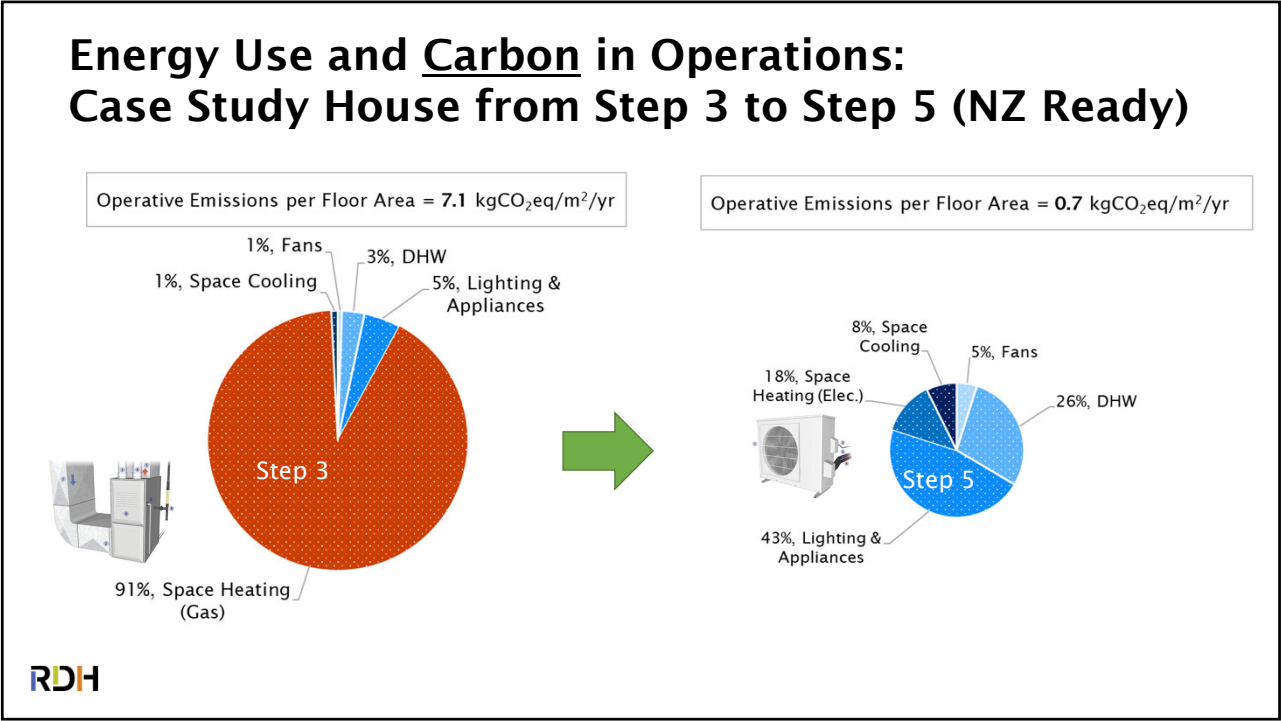
ASHP heatpump for heating and cooling
Airtightness = 1.0 ACH @ 50 Pa

84

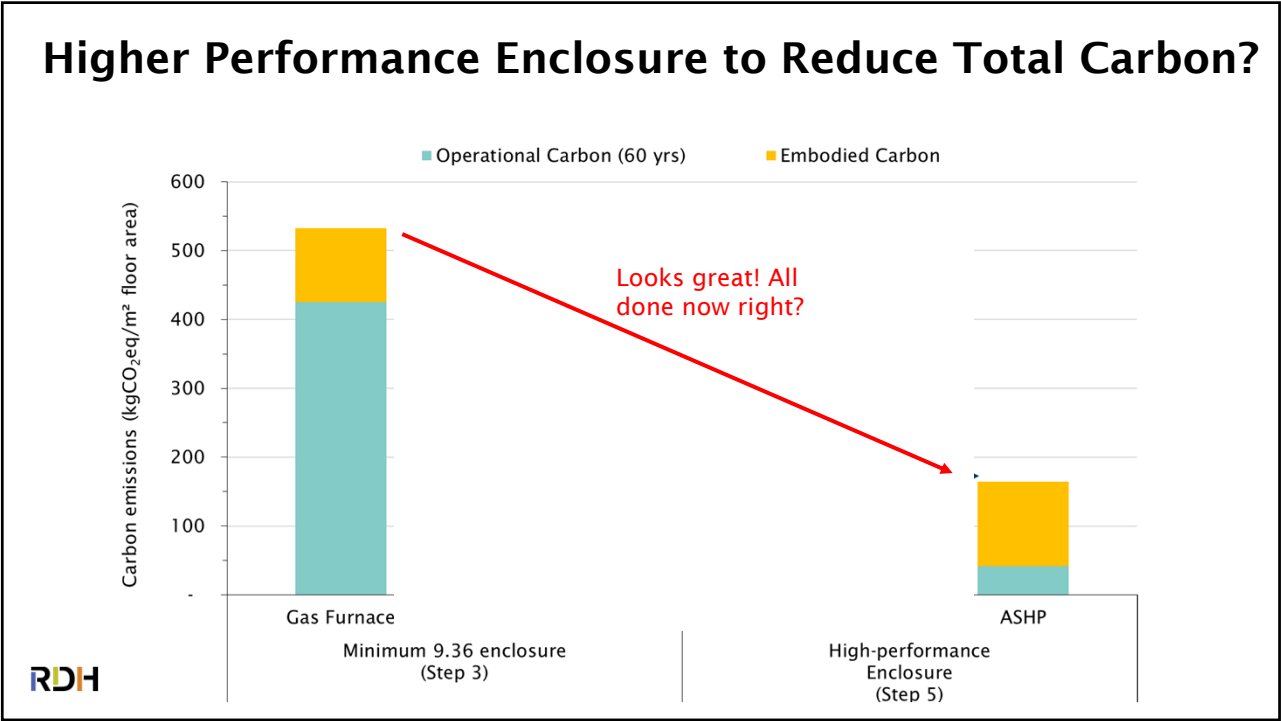
Energy Use and Carbon in Operations: Case Study House from Step 3 to Step 5 (NZ Ready)



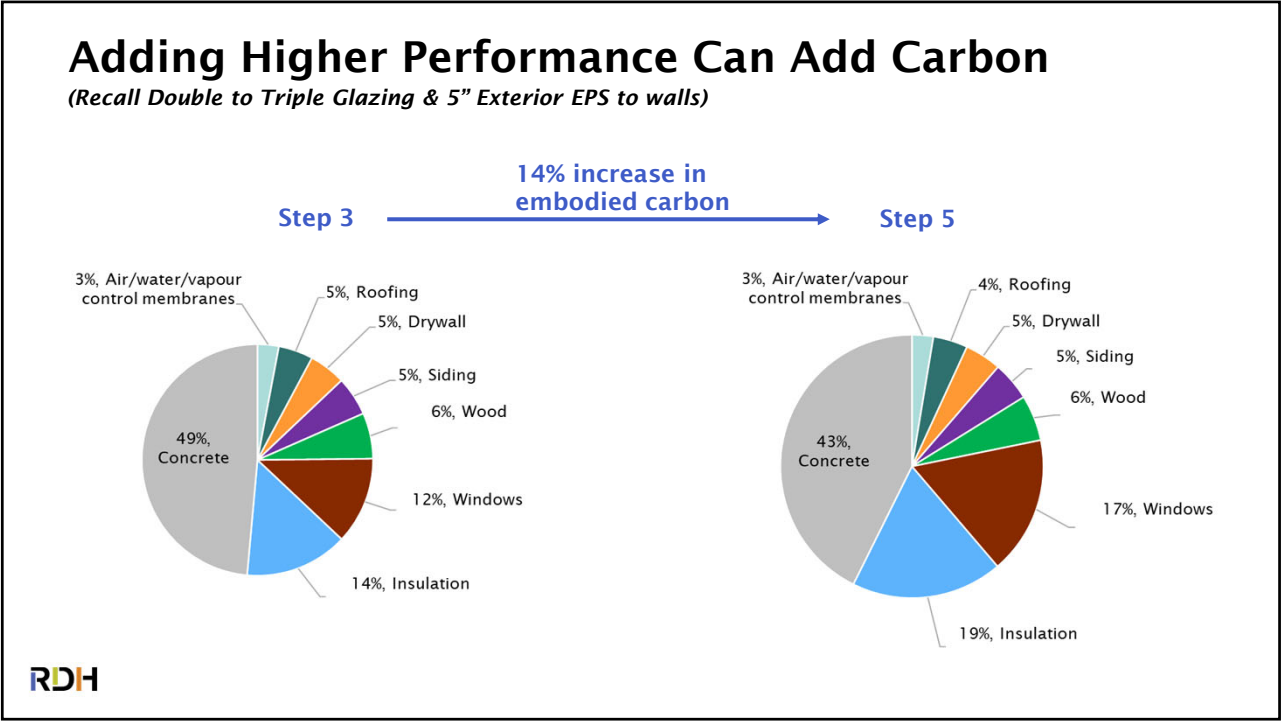
85



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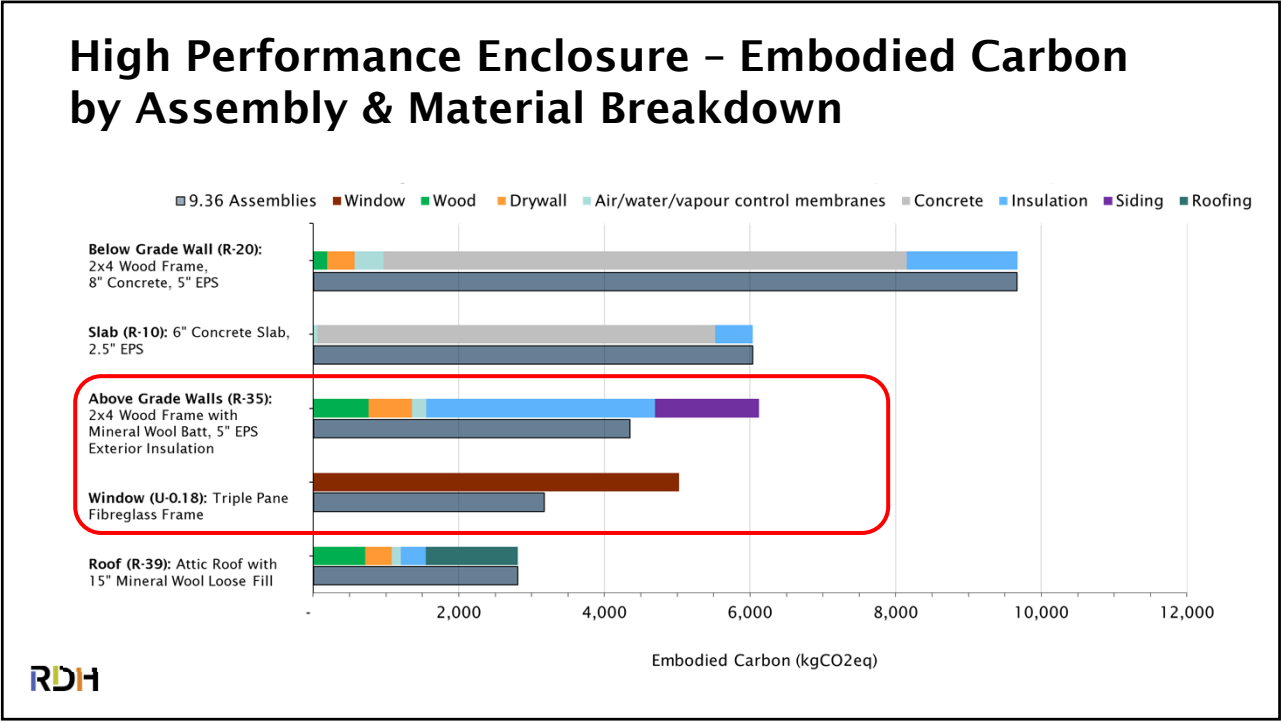


88

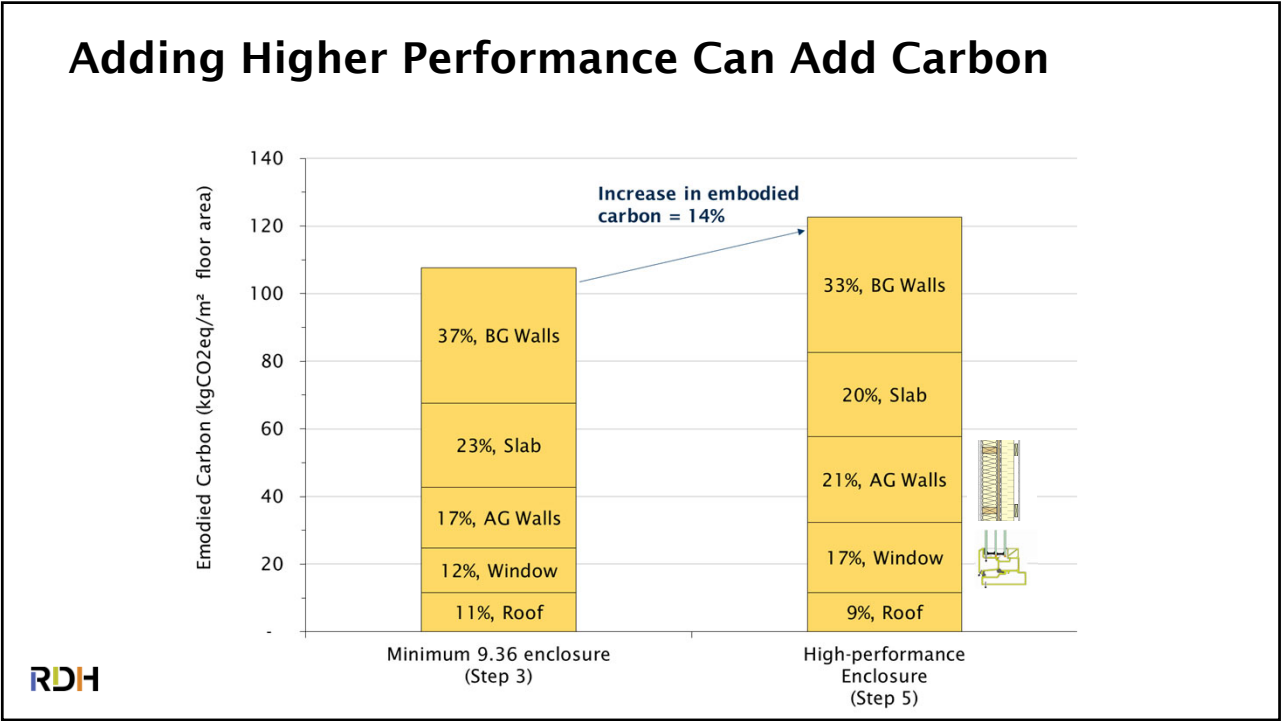
Oops?!

What Went Wrong?

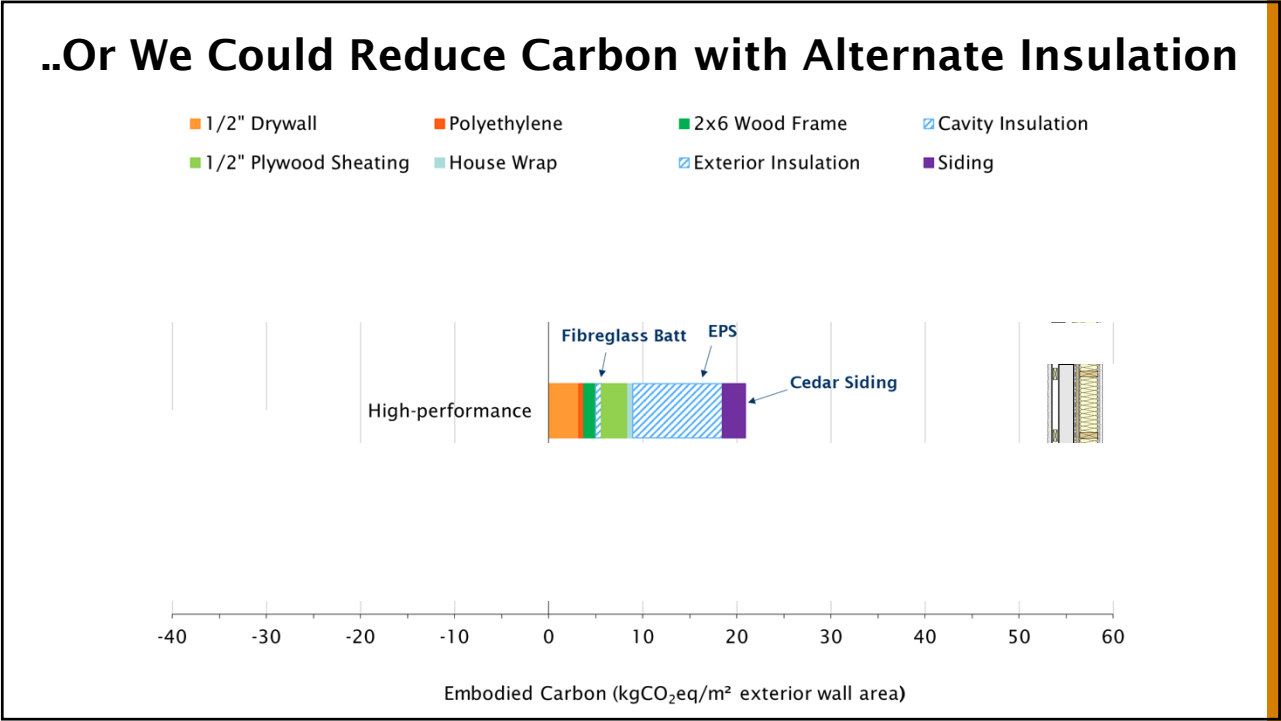
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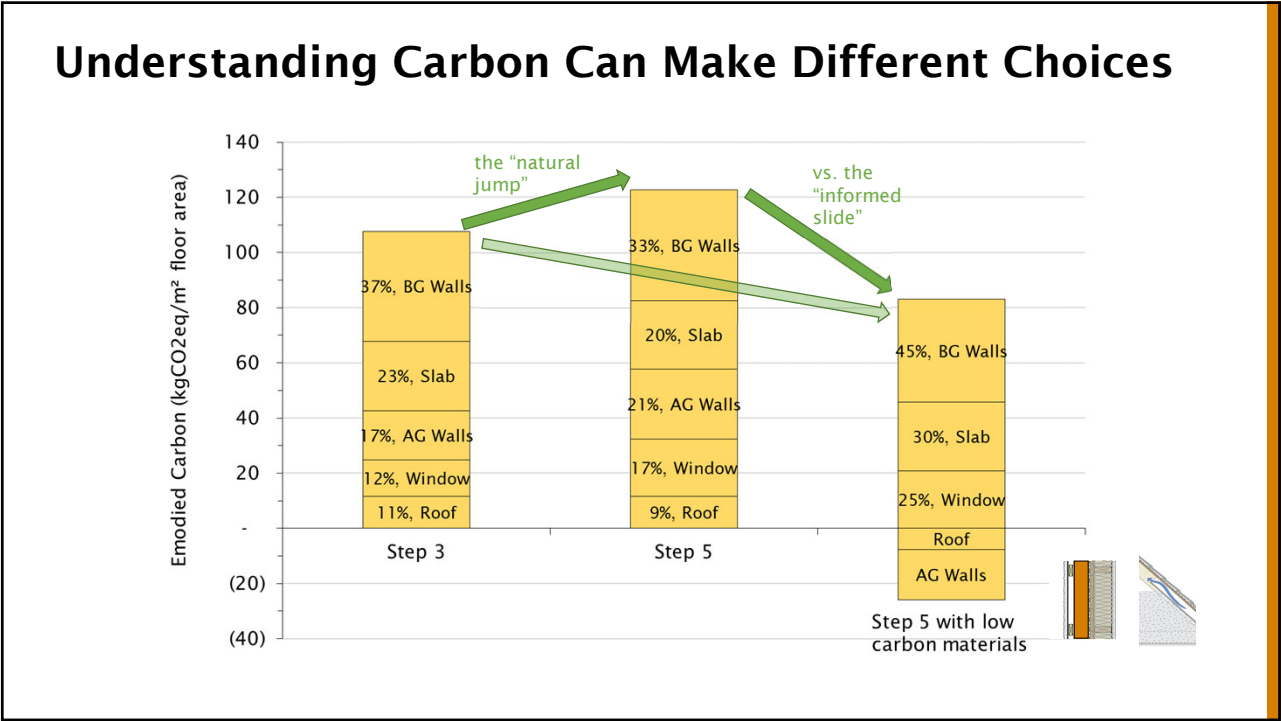
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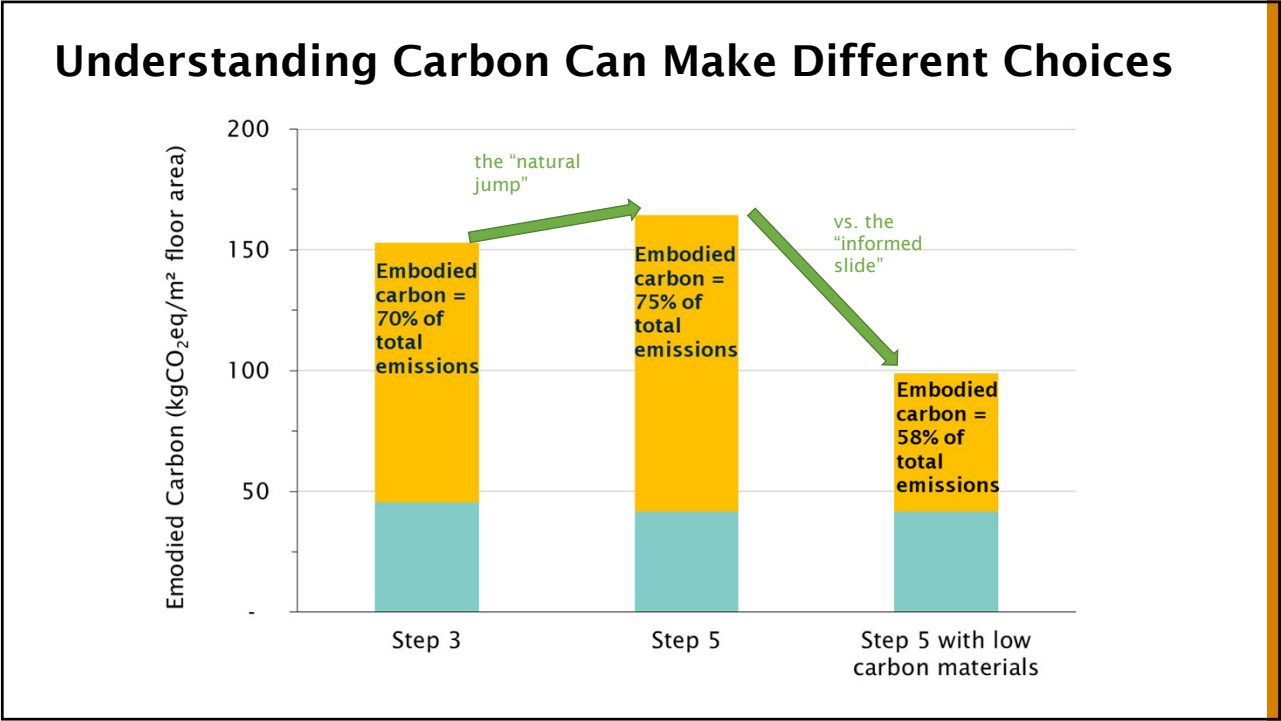
91



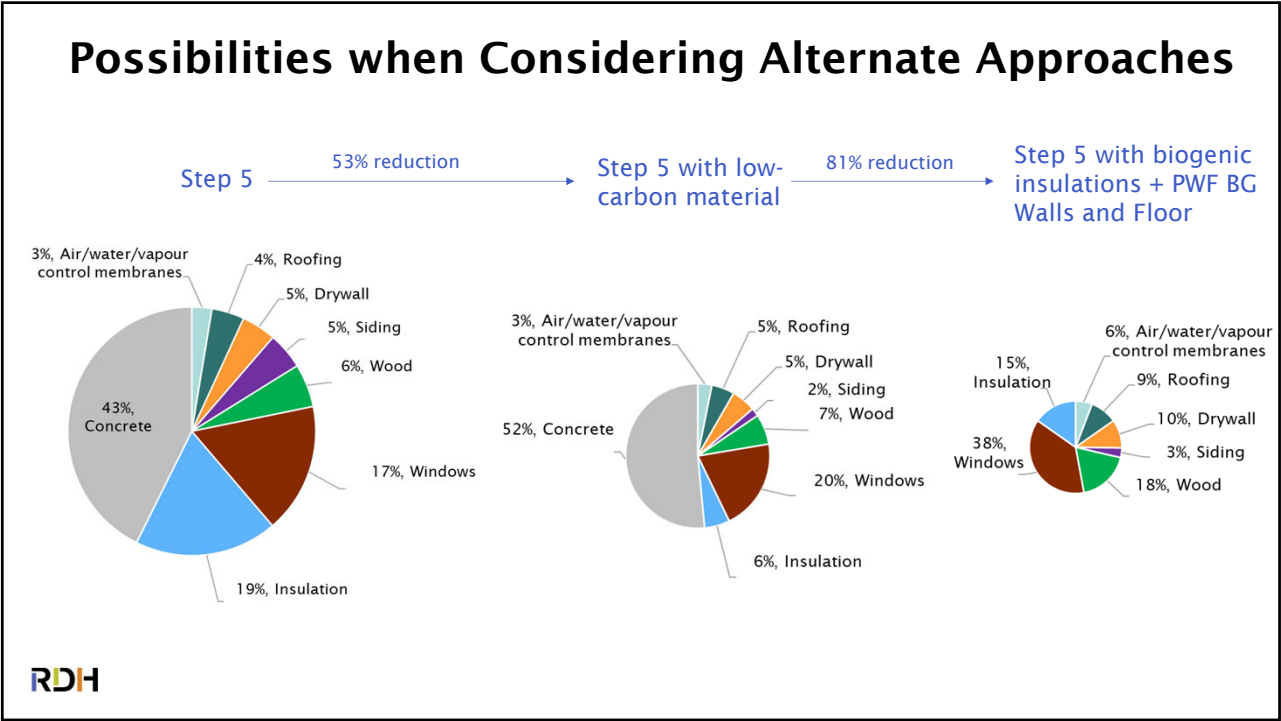
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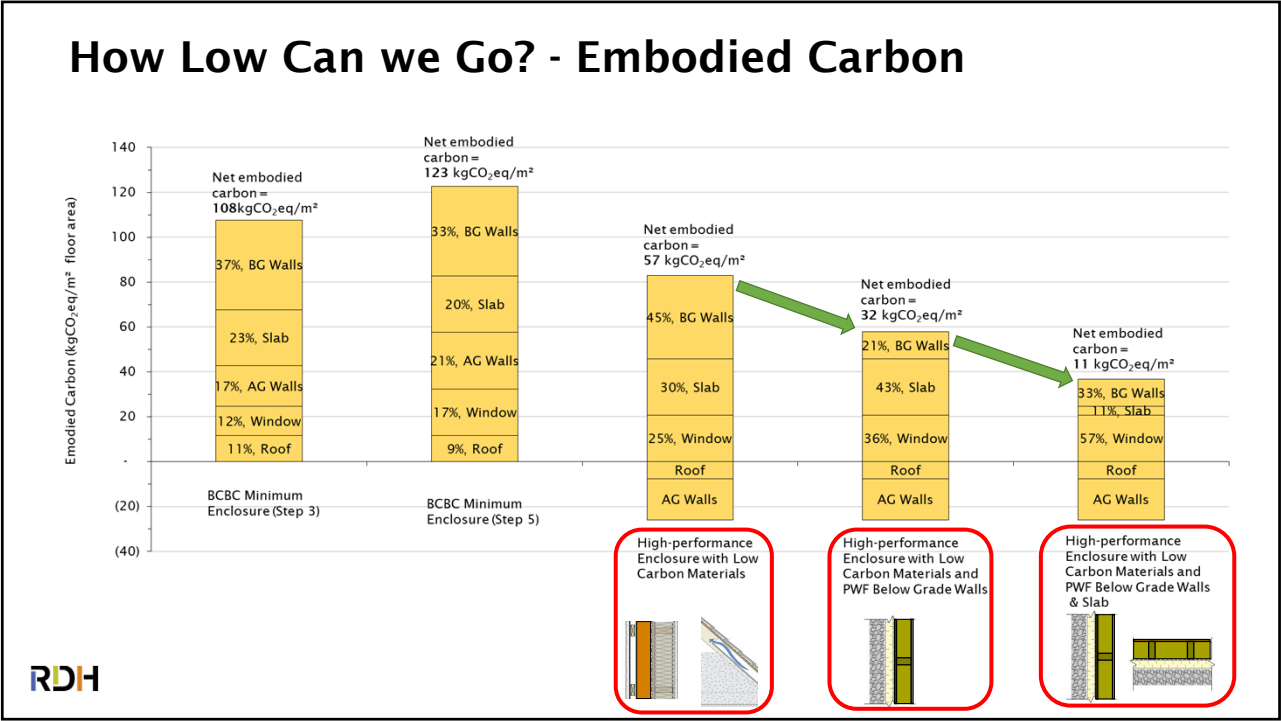
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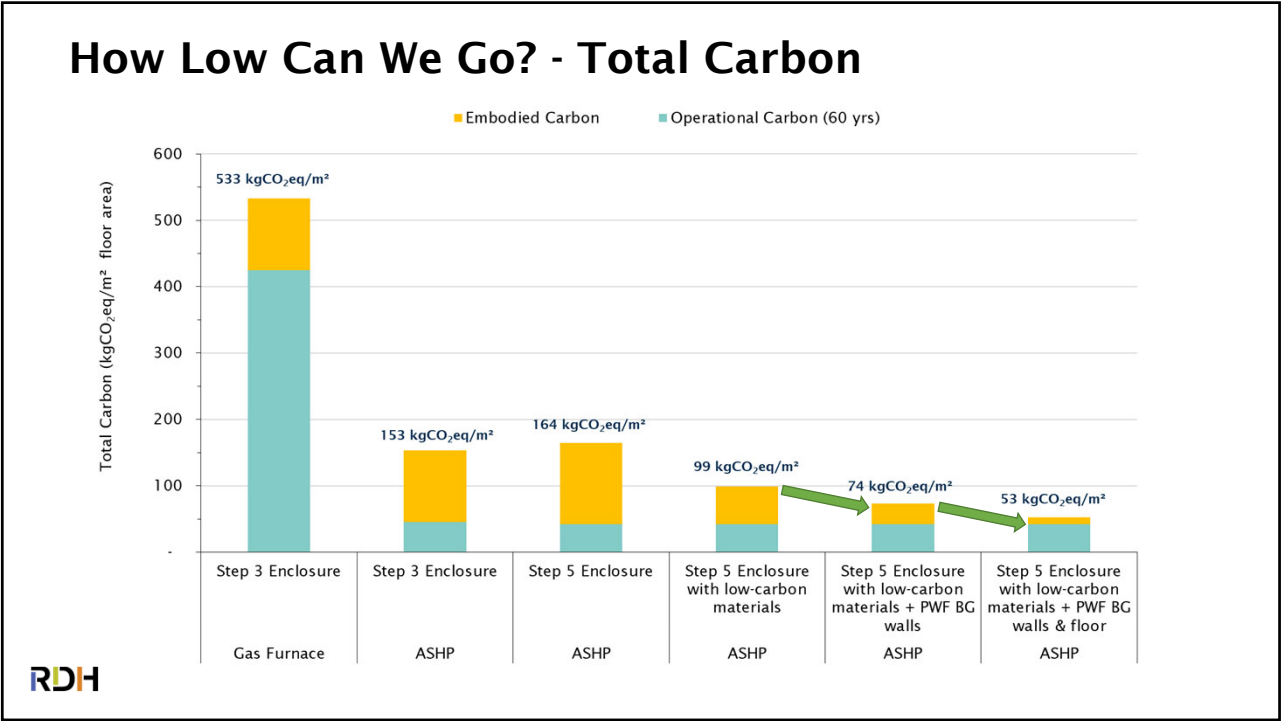
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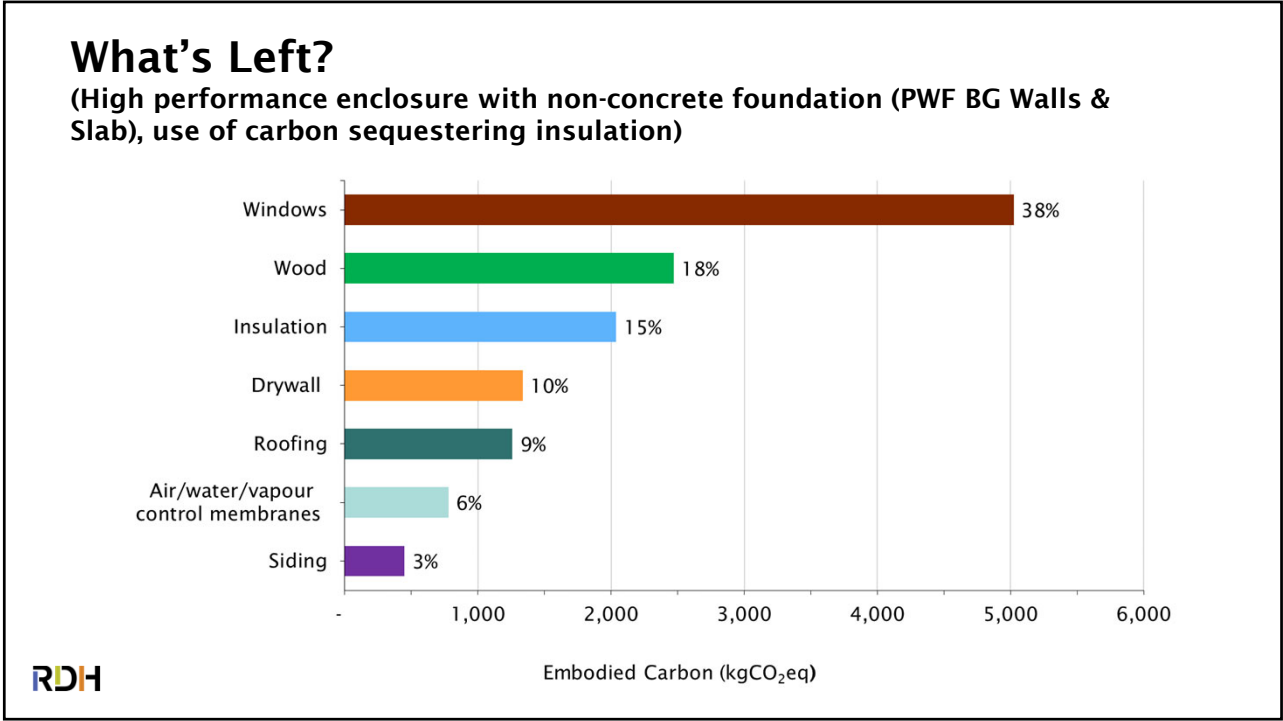
95



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A Windowless Future?! I hope not!

BUT...
R&D underway to reduce GHG emissions from float glass production as well as window frame materials

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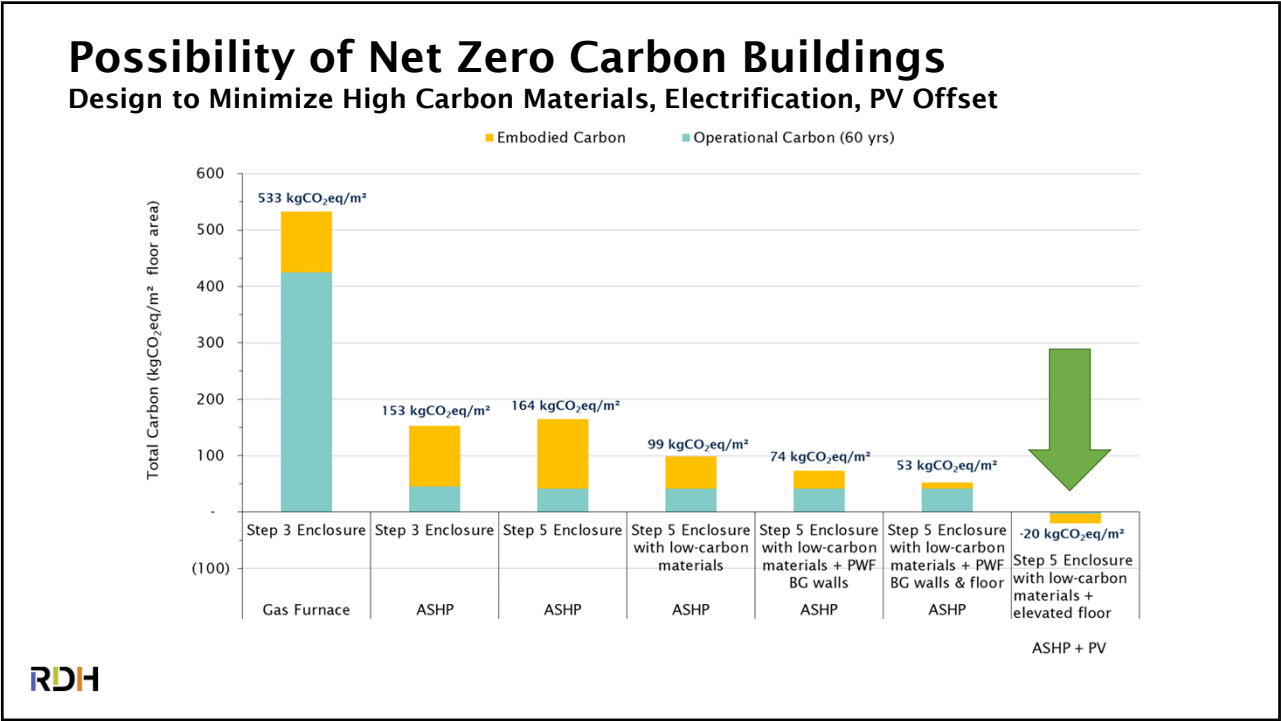
100

Simple Design Approaches to Zero Carbon

The diagram illustrates a design transformation. On the left, a three-story house is shown in cross-section, sitting on a standard ground-level foundation. A large green arrow points to the right, where the same house is shown elevated on a yellow structural frame. The roof is now equipped with blue solar panels, and a sun icon is positioned above the roofline.

- Elevated house on wood or steel foundation system, no basement or slab on grade (*bonus flood resilience*)
- Same total floor area, all wood-frame assemblies and floor trusses. Use of biogenic, carbon storing insulation fill for suspended floor (*low risk use*)
- Added PV on roof relative to size of house needs
- Used current grid emissions factor to calculate offset

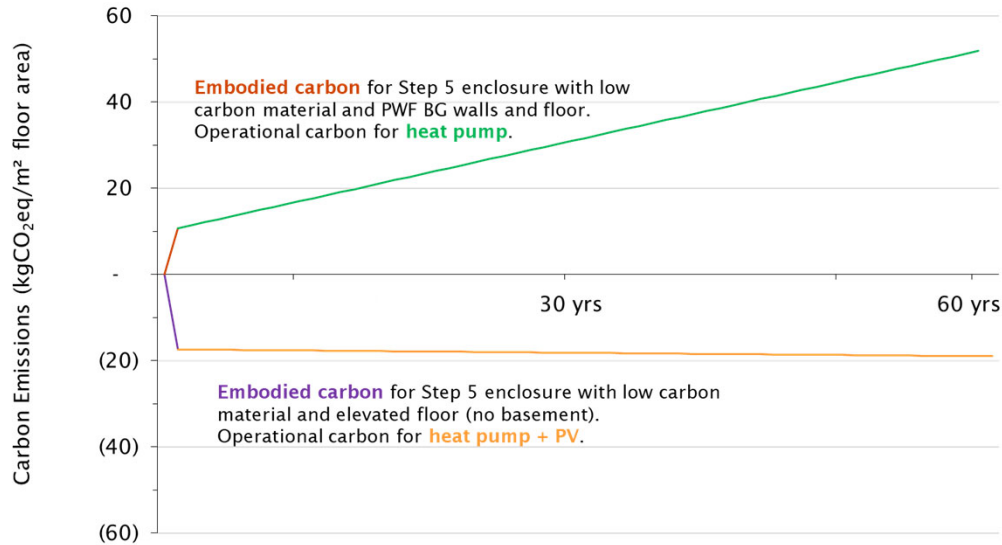
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True Possibility of Net Zero Carbon Buildings

Design to Minimize High Carbon Materials, Electrification, PV Offset



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Key Points

→ Operating Carbon Opportunities Continue

- Energy efficiency – airtight, well insulated enclosure, optimal window selection, efficient mechanicals
- Electrification w/ consideration for the grid

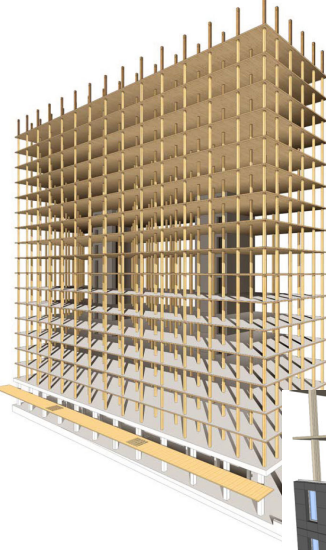
→ Embodied Carbon Opportunities Arise

- Material of lower GWP potential materials
- Biogenic materials (Wood & wood fiber, straw, hemp etc.) have impactful sequestration benefits and could offset portion to all of rest of house materials
- Watch placement and durability of bio-based materials
- New opportunities will continue to develop

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Larger Scale New and Existing Building Opportunities



Larger buildings = different opportunities and practicalities

Unique carbon considerations for façade elements





Deep Energy Retrofits for All Existing Building Types

Watch embodied and operational carbon interplay



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Discussion + Questions

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Join Us For Our Next Event!

RDH BUILDING SCIENCE

Net-Zero Energy and Carbon Building Design: Feasibility in Northern Canada and Alaska

Presenter: Robin Urqhart

Date: November 16, 2022

Time: 1-2pm ET / 10-11am PT

Cost: Free!

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Three Things Every Architect Needs to Know About Climate Change

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